

# ANNUAL REPORT

2018-2019



**CARE INDIA WELFARE  
TRUST**

# Table of Contents

- 1** Foreword from president
- 2** About us
- 3** Achievements
- 4** Education
- 5** Skill Development
- 6** women Empowerment
- 7** Health
- 8** Festivals we celebrate together
- 9** Project Green India
- 10** Awareness Program
- 11** Our Partners
- 12** In the News
- 13** our Financial
- 14** Contact us



# “ FOREWORD FROM PRESIDENT ”



On behalf of the Governing Body and the staff of Care India Welfare Trust, I am happy to present our annual report for FY 2018-19 . it is my pleasure to convey my heartfelt wishes to team Care India Welfare trust for their outstanding & commendable work during the year 2018-19. we are on a steady growth path and the strength of our efforts to reach the most underprivileged and marginalised children, youth and women increases every year. Going by the mantra that “We care for a better world “

We began our journey with a simple yet strong belief that education is one of the most critical aspects of a person’s life, it should be seen as vital as the air we breathe. The key to a healthy mind and a successful person is learning. “Without education, you’re not going anywhere in this world” is a famous quote by Malcolm X , it empowers an individual to earn his/her livelihood also it increases one’s awareness on a range of issue –from healthcare to appropriate social behaviour to understanding one’s rights –and in the process, help him/her evolve as a better citizen. If we wish to build a strong foundation for the society in the years to come, it is important that we nurture our children with love, care, education and right values.

Care India welfare trust was convinced with the belief in the power of education, and this continues to be our stance. But over the years, working relentlessly on the ground level, we realized that health & vocational training too was a part of overall development – health, not just of the child, but the whole family. Only a mother, who keeps good health, is well informed about her rights and aware about basic social issues will send her children to school. Relevant skill training to ensure a dignified livelihood in the emerging service sector for an eligible earning member in the family is also an enabler for a child to continue studying. A child’s education would not be complete without the welfare of the whole family. In order to empower children through education, Care India Welfare Trust took a holistic approach and adopted a lifecycle approach of development, focusing its interventions on children, their families and the community.

With faith and gratitude,  
Mahinder Dobriyal  
President  
Care India welfare trust

**THANK YOU !**

*P.S: Do write to me at  
[info@careindiawelfaretrust.org](mailto:info@careindiawelfaretrust.org) with your  
thoughts and feedback.*

CARE INDIA  
WELFARE  
TRUST



## About Us

### Vision

" A prosperous, harmonious and peaceful Society where which each individual lives with Identity, Dignity, and Respect."

### Mission

- we are established to provide Quality Education to under privileged Children and Women
- Care India Welfare Trust's Educational Plan includes:
- Basic Education to the children in the age group of 3-5 years.
- Pre-school, Nursery and Kinder Garden Classes for children between the age of 3-6 years.
- Providing Non Formal Educational Classes for Drop outs between the age of 8 to 15 years.
- Providing Education and organizing courses for Women of all age group
- Vocational Courses for age group of 14 to 18 years.
- We are devoted in providing health assistance to the deprived class of society through various health care programmes by organizing medical camps, supporting small medical centers already in existence. These health care programmes will primarily focus on all those who are not able to get proper treatment of their diseases



Health



EDUCATION



Empower



Aware

## ACHIEVEMENTS



CARE INDIA WELFARE TRUST AWARDED AS THE BEST EMERGING NGO IN NEW DELHI AND NCR



**10000 +**

CHILDREN AND YOUTH HAVE BEEN EMPOWERED IN DELHI NCR THROUGH SKILL TRAINING & AWARENESS SESSION AND CAMPS



**15000+**

COMMUNITY MEMBERS WERE COUNSELLED ON ISSUES CONCERNING WOMEN RIGHTS



**12000 +**

WOMEN AND GIRL CHILDREN WERE BENEFITED AND EMPOWERED IN DELHI NCR THROUGH SKILL TRAINING & AWARENESS SESSION AND CAMPS



**25000 +**

PEOPLE RECEIVED DIRECT MEDICAL AID FROM OUR FREE HEALTH CAMPS AND MEDICAL CLINIC



**25000 +**

PEPSODENT AND DENTAL KIT WERE DISTRIBUTED AMONG THE MASSES DURING DENTAL CAMP



**2000 +**

CHILDREN RECEIVED SCHOLARSHIP



# EDUCATION

Education is the most powerful weapon which you can use  
to change the world

- Nelson Mandela





# Project -light of Wisdom

CIWT's flagship programme **LIGHT OF WISDOM** provides basic education, healthcare and nutrition support to socio-economically disadvantaged children living in urban unreached slum areas of our national capital .Through the Programme,we promotes universal education and creates the process required to streamline the underprivileged children into the mainstream schools in a more sustained manner.The programme was initiated in 2013 with the belief that whether we are addressing healthcare, poverty, population control, unemployment or human rights, there is no better place to start than in the corridors of education.



**MORE THAN 500 CHILDREN'S  
ENROLLED IN OUR LEARNING CENTER  
EVERY YEAR**

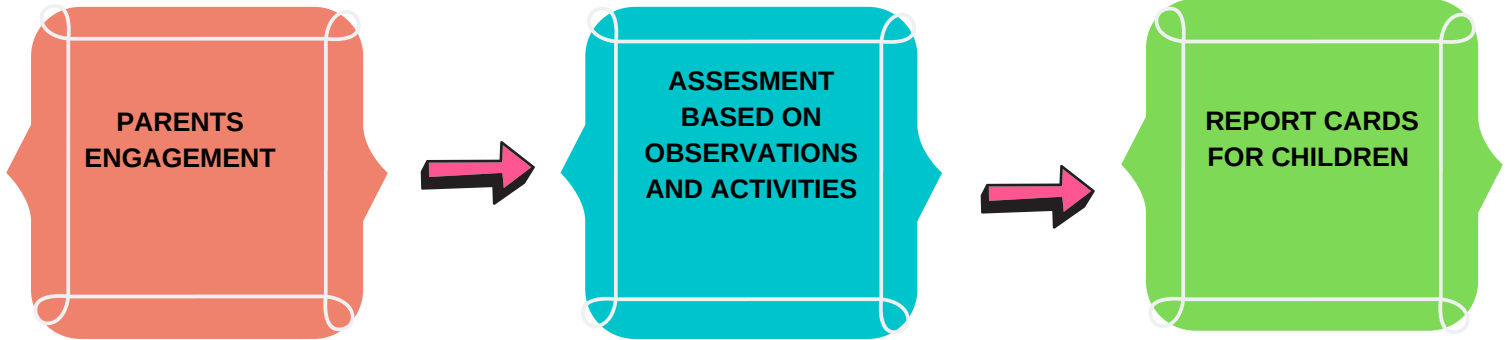


# EARLY YEARS PROGRAM

Care India Welfare Trust believes that early years in a child's life play a foundation role in terms of laying the base for future growth and development. It is well known that exposure to early childhood education is an advantage that involves families, especially mothers, can lead to better learning outcomes and life opportunities. Our early years programs have evolved over time and been developed according to the needs of children and the context in which they live.

## ENGAGING MOTHERS

As part of the early years outreach, our volunteers engage with mothers in small and big groups, which meet at regular intervals. In these interactions, our staff and mothers discuss children's progress across different development goals and also ways in which mothers can play a more active role in the education of their children. Other important topics like general health and hygiene, prevention of diseases, food and feeding are also discussed with mothers. Specific material is designed and shared with the mothers for this purpose.



# 500 +

## CHILDRENS ENROLLED

AT OUR EDUCATION CENTER, DAILY CLASSES RUN BY OUR TRAINED INSTRUCTORS OR COMMUNITY TEACHERS IN SCHOOL OR IN COMMUNITY SPACES



# ELEMANTARY EDUCATION PROGRAM



## RIGHT TO EDUCATION

This programme was first introduced in 2013 with the objective of improving the reading ,writing and basic numeracy skills of children in the 6-14 age group.Today the program is implemented across our various education center in Delhi & NCR ,to strengthen the foundation of learning of children in primary grades.The approach is implemented in two ways : " directly through CIWT trained instrutors , or through goverment teachers and volunteers from elite colleges .

## LIBRARY

To support our education program a community based library was rolled out across our program location . Our Team engaged with children ,In the community through these Library activities .Groups created as a part of these activities aim to go beyond merely plugging learning gaps among children to focus on developing an enviroment where children are able to learn on their own, Through periodic contact at set intervals, CIWT Team support these children's groups through appropriate, material, suitable to be used by children themselves. Basic learning material is provided in it specially designed package for, children for each community for a week so that habitual changes can be brought in children by ensuring that they also take out time to study after school hours. The process is facilitated by CIWT Staff but the responsibility for implementing the community level activities lies with volunteers from the community who sit with children on a daily basis to help chIldren study using specially designed package

## CHANGE THAT INSPIRE US

Mahi was enrolled in school but she often sneaked out of class and spent time loitering in the village. Speaking to her family, the CIWT Learning Camp instructor found out that mahi was scared of school. She didn't understand anything that was being taught, hence did not want to come'. To encourage her to be a part of the Learning camp, our volunteer knew there was a need to win her confidence. So they decided to personally spend time with the girl. Soon enough, mahi started realizing that she could learn quickly. Her Interest In Learning Camp activities and in learning grew swiftly and soon mahi became regular at school. mahi who once struggled even with basic letters, was a fluent reader by the end of the camp.

THANKS NOW I  
AM MOTIVATED  
TO BE BETTER



# USING SCIENCE



Fairs showcase scientific models and activities led by childrens

workshops are conducted to explore and learn about specific concepts

Engaging community

## SCIENCE

CIWT Science Learning Program seeks to create an environment of 'learning by doing', where children can gain first-hand experience with science models, experiments and activities. This is how they begin to develop systematic and scientific thinking and apply what they know to real life situations. The Science team carries out science workshops and fairs in schools and communities by CIWT trained staff {Vigyan Mitras • Friends of Science}. The program targets children in upper primary grades •





THE SECOND CHANCE PROGRAM IS BROADLY DIVIDED INTO TWO PHASES OF PREPARATION: FOUNDATION COURSE (FC) AND MAIN COURSE

MOBILIZATION

FOUNDATION COURSE

GRADE X BOARD EXAM

POST EXAM TRACKING & SUPPORT

MOBILIZATION

Holding meetings with parents and community members to encourage enrolment into second chance

FOUNDATION COURSE

Building foundational skills in language ,Math,English and Science

Evaluation of Fundamentals to ascertain preparedness for second chance

GRADE X BOARD EXAM

Board Exam style tests to prepare students for upcoming exams.

POST EXAM TRACKING & SUPPORT

Tracking of what students are pursuing post board exams and support to alumni

## SECOND CHANCE

CIWT Second Chance program focuses on providing school drop-outs, especially women, another chance at education. Over a period of one year, the program helps to develop foundational academic skills of students, build confidence and life skills, support learning for the board examinations and help those who appear for the exams to succeed. Every year, the program enables over 4,000 school drop-outs restart their learning journey, contributing not only to a better academic future, but to a better life for themselves and those around them.

### What after Grade 10

An initiative to motivate students in Second Chance program to think about their future and help them through personal guidance, guest visits and lectures to expose them to possibilities and process for future growth.



MY ONLY AIM IN LIFE RIGHT NOW IS TO ENSURE THAT I ATTEND COLLEGE AND GRADUATE

### SURBHI

Surbhi come from a conservative family In New Delhi .a family where girls are not supposed to study or even step out of the house. After dropping out of school and helping out at home for over 3 years she managed to convince her family to complete 10th grade through CIWT Second Chance program . She is bright and promising according to her teachers.She is now determined to bring a change not only in her life but also her family's attitude.

# EDUCATIONAL TOUR



A basic principle of the Project is to enable kids to relate textbook learning with everyday life. Study tours and outings are arranged regularly which enables them to make these connections. Apart from the educational inputs, outings bring a sense of adventure and fun into learnings. That is why educational tours becomes an integral part of Project. One Educational tour is organized once every six months. We conducted the first trip in aug 2014 .since then ,in these trips we take kids to different fairs,museum & planetariums twice a year.



One child, one teacher, one pen and one book can change the world. Education is the only solution. Education first.

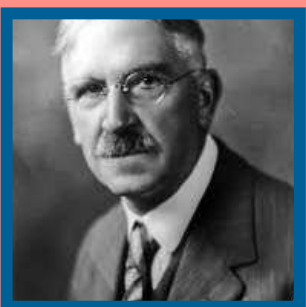
- Malala Yousafzai, Nobel Laureate



# REMEDIAL COACHING



CIWT is working on the overall development of children by enhancing their reading, writing and numeracy skills. Ciwt provides free teaching, learning support, Remedial coaching, day care, recreational activities, stationery and health & hygiene training. Ciwt is also working on reducing dropout rate among such children by interacting with parents, society and children. At our remedial centers we also have unique libraries, where in children have access to story books and newspapers which they read & give their learnings in the form of note and they have to follow it in their lives.



Education is not a preparation for life. Education is life itself

- John Dewey



# NURTURING UNDERPRIVILEGED YOUTH IN SPORTS



Ciwt has created a platform for providing sport training to promising underprivileged children. The training is at two levels - the first 3 months are for basic training and the next 9 months are for advanced training. The basic training focuses on agility, stamina, strength, and endurance. The advanced training is based on every individual's area of performance to build more skills and techniques. The children have been provided with a sport kit each, which also includes a sport shoe & socks, t-shirt, shorts. Every training day, the children are provided with nutritious snacks with egg and milk. This initiative has helped the children boost their self-confidence, thereby also boosting their self-esteem. There is noticeable improvement in their stamina. During the school vacations, a workshop was organized for the children on sports, where they got inputs from different coaches about the scope they have in sports, being athletes or as trainers, opportunities for both higher education, job based on sports quota, and on the importance of nutrition and personal safety and care.



# SKILL DEVELOPMENT

“Schooling doesn’t assure employment but skill does.”

— Amit Kalantri, Wealth of Words



# USING TECHNOLOGY



## COMPUTER LITERACY MODEL

Computer literacy is the knowledge and ability to use Computers and Technology efficiently. The precise approach of CIWT lies in making youth & children skilled in computer literacy through six months computer course which is based on government guidelines and meets all professional requirements.

Our goal is to provide vocational job oriented training to the underprivileged children and girls. When a girl return home with the ability to stand on her own feet, it improves the perception of the girl child in her neighborhood and also inspires other girls and women to make themselves skillful creating such examples of skillful which is a better way to inspire, in spite of million pamphlets and dozens of talks .They gained skills and confidence through our computer training program to attain successful placements in reputed offices .

### ENABLE



### EDUCATE



### EMPLOY





# ENGLISH SPEAKING MODULE



## TOUCHING LIVES THROUGH LANGUAGE SKILLS

The ability to speak English provided a huge number of opportunities for employment and was also a socially important skill in India. Since the launch of English Speaking Module, Baseline assessment tests are held to assess the current levels of English. The textbooks and workbooks with ample exercises along with intensive chat session give the children an opportunity to inculcate an interest to learn the language.

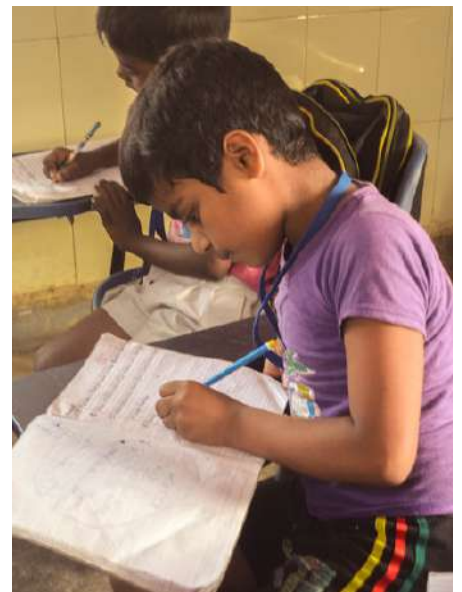
**ENABLE**



**EDUCATE**



**EMPLOY**





## CAREER COUNSELLING

Every student in our centre has their own set of personal strengths and skills. The main aim of including the aspect of career counselling is to help students choose a field that is in tune with their skills and their job expectations and offer the right career guidance to the students. Career counselling has proved beneficial in terms of providing new directions to the students and boosting the confidence of the students. Students can now discuss in details about the new job trends, the variety of choices and make a more informed choice.

## PERSONALITY DEVELOPMENT & BPO TRAINING

The aspect of Personality Development has been made an integral part to curtail the hindrances that stand in the way of expression of individual personality. The inclusion of the subject has helped trainers in inculcating positive qualities like punctuality, flexible attitude, willingness to learn, and many other positive attributes, among the students. The youth are trained to socialise and be responsible for their actions and develop a positive mentality towards their duties which is very important to sustain in a professional world.



- Out of the total youth enrolled in our Vocational center 80% successfully completed training and received certificates of accomplishment.
- 70% of the total beneficiaries were girls.
- career counselling sessions were conducted by in house as well as with industry experts
- There was an overall increase of 25% from last year in enrolment at our vocational centres

## KEY ACHIEVEMENTS





# WOMEN EMPOWERMENT

“Schooling doesn't assure employment but skill does.”

— Amit Kalantri, Wealth of Words

**SCHOLARSHIP  
SUPPORT**



**BEHAVIOURAL  
CHANGE**



**LIFE SKILL  
EDUCATION**



**MATERNAL & CHILD  
HEALTH**



**COMMUNITY  
CHANGE LEADERS**



**AWARENESS  
CAMPAIGN**



# SEWING AND EMBROIDERY PROGRAM



CIWT initiated the Vocational Training Programme, as part of the ongoing community development programme. The project was aimed at encouraging women and girls from the slums to enroll for skilled training course in tailoring and sewing, to help them have a dignified and independent livelihood. This was to provide a sustainable source of income to families

More than 500 women enrolled in our vocational training programme and successfully completed the course. To motivate and encourage the women in this new phase of their lives and give them a little extra support they were also gifted with a sewing machine each.

Most of the women who completed their courses have found jobs at tailoring shops and garment manufacturing factories, or have begun sewing work from home. There are many who have joined the programme after getting inspired from the success stories of the women who have now become independent, confident and able to merit a secure and dignified livelihood.



## JUTE PRODUCTS AND KURTAS MADE BY OUR STUDENTS







## DURING THE YEAR

MORE THAN 500 women have successfully completed the vocational training programme

After successful completion of course ,we provided them sewing machine as an initial support for their new beginning

A convocation ceremony was held during which all the women received course completion certificates and were encouraged by the whole community, including dignitaries from Ministry of Small Medium Enterprises

Equipping women with the latest skills in stitching and designing .it entails an intensive design programme .With professional designer and assist them with developing new products







## LEGAL AWARENESS CAMP

Legal Aid means giving free legal services to the poor and needy who are unable to afford the Services of an advocate for the conduct of a case or a legal proceeding in any court, tribunal or before any Judicial authority CIWT organized various legal awareness programmes and awareness session on informative quizzes on various Acts namely Domestic Violence Act-2005, Acts on Stalking, Harassment at Workplace Acts, Criminal Amendment Acts-2013. Around 36 Awareness Sessions were organized in West Delhi, East Delhi, North Delhi and South Delhi and more than 1500 slum dwellers participated and many of them are enrolled for further assistance

## BEAUTICIAN TRAINING PROGRAM

Women form a significant proportion of India's workforce, They are largely concentrated in the informal sector. They are also, for the most part, engaged in vocations characterised by low earning and productivity, poor working conditions and no social protection. our beautician training programme, was launched in January 2013, with a view to help address these issues.6-month beautician training programme for women in beauty, skin and hair care, our beautician training program has grown significantly over the last few years and we are looking to ramp up these efforts into advance levels for the same.



**THE SALON SAVED MY FAMILY FROM A MAJOR FINANCIAL SETBACK , I HAD NEVER THOUGHT I COULD BE AN EARNING MEMBER OF THE FAMILY**

Manisha lives in a very small house in the slums of Mumbai. But her dreams go well beyond the cramped space, Manisha, facing resistance from her in-laws would struggle to make it to CIWT entrepreneurship program. Her struggle was not only for her dreams but also to support her husband and strive for a better future for her children .After 3 month she managed to rent out a place near her house for a beauty salon with th financial aid by CIWT .Her business picked up and she was soon able to repay more than half of the loan amount she had. Manisha is able to support her family financially and emotionally .

# ENTREPRENEURSHIP SKILL DEVELOPMENT



It was our honour and privilege to be a part of MSME (Ministry Of Micro, Small & Medium Enterprises). We are thankful to MSME for giving us this opportunity For organizing entrepreneurship and skill development program .

We are thankful to MSME who have inaugurated the entrepreneurship and skill development programme on Jute Products at one of our vocational Center  
The training was comprehensive and included all necessary topics on jute products. This project not only strengthens the women in the local community but also help them earn additional income to earn a sustainable livelihood for them & their families.

After completion of this project, MSME (ministry of small medium enterprises) provided us the opportunity to showcase the jute products made by the girls and women who were enrolled in ESDP ( Entrepreneur skill development program )at IITF ( India international trade fair ). This not only generates necessary income But it also helped them in exploring new export potential, exposure to new trends and stimulate new ideas.

We at care India welfare trust feels very motivated and hope MSME ( Ministry of small ,medium ,enterprises ) will provide us an opportunity again to participate at their various expo & exhibition so that we can showcase the excellent products made by the girls and women who belongs from the weaker section at our local community







# CHANGE THAT INSPIRE US

We at Care India Welfare Trust believes that by empowering women we can empower whole community .women hold key to educate their children ,the next generation who will go on to shape the future of India.

Geeta Devi one of the resides of chuna Bhatti mentioned that she was honoured to receive the certificate of ESDP and grateful for this opportunity. She also said " ( ESDP certificate helped me in earning credentials. I always dreamed of opening a business and becoming a successful business woman ,CIWT was with me even in times when i had no support from my family Because of CIWT and MSME, I have been able to earn money by selling Jute products. MSME members visited CIWT vocational center on September 2017. At that time i have decided to pursue that course. Thanks to CARE INDIA WELFARE TRUST for encouraging us and providing information about skill nurturing and motivational schemes. Without a doubt, this course will play a key role in achieving my goals in life.



# BUILDING LIVELIHOODS

## PROJECT - SASHAKT NARI

A special project on Vocational Skill Training on Tailoring and Beautician was initiated for young women. Besides imparting the skills, the women were also provided with sewing machines on completion of the course, as a first step in enabling them to have an independent and dignified livelihood.

womens living in slum areas have received direct medical aid from of health camps. women and girls were given sanitary napkins and cont raceptives to create awareness on men strual and reproductive he lth. Special programmes focu ing on the same were organised or school going girls across India

Many women benefited from the initiatives covered under home visits by CIWT volutenteeer team at various locations around the country.

Regular awareness sessions and group meetings with adolescent girls and women were conducted on reproductive health, safe motherhood, antenatal and postnatal care, breast feeding, nutrition, legal awareness, career counseling, life skills, self defence, menstrual hygiene, etc.



# HEALTH

“To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear.

— BUDDHA





## TOWARDS A HEALTHY BEGINNING

Our healthcare programmes aim to improve maternal and child health and nutritional status, reduce vulnerability to communicable diseases, combat non-communicable diseases and enhance the quality of life. By combining preventive, promotive, curative and rehabilitative health services, the programmes serve the disadvantaged, socially excluded and hard-to-reach population.

India's complex social system with layers of hierarchy result in health issues becoming a critical concern in development of women and girls from marginalised communities. through various health programmes, CIWT addresses the root cause of health inequities in the country, and works towards ensuring improved access to health and well-being for marginalised communities.





# HEALTH CAMPS

Our Health Camps are formulated to provide health care services to the marginalized communities in remote rural areas and slums through standalone camps. These camps are conducted with the help of important community stakeholders, government health departments, and specialist doctors such as Gynecologists, Pediatrics, Ophthalmologists, Dentists and General Physicians.

A need-assessment survey is done to identify the locations and communities where healthcare is imminent. Extensive mobilization is done in and around the areas through pamphlet distribution, announcements and posters, which results in greater footfall of patients in the camps. Women, children and the elderly are given special attention throughout the camps.

The health camps are customised as per the needs of the specific communities and their duration could range from one day specialized camps to 5-10 days intensive camps

A wide range of services are provided during Health Camps which include women & child health, ANC and PNC services, awareness sessions with women, free medical check-ups and medicine distribution, free laboratory tests for (HB, blood and urine routine tests, HIV, TB etc) and referrals for major cases.



## KEY ACHIEVEMENTS

Fumigation drives, health camps and lab tests were conducted to fight the onslaught of mosquito bred diseases malaria, dengue and chikungunya in Delhi NCR. The campaign reached out to over 5 thousand people in various slum areas.

more than 4000 benefitted from Health camps conducted in Rajasthan for daily wage labourers and their families. Free of cost services including health check-ups by medical professionals, distribution of medicines and pathological tests were provided during the camps.



**Women and children formed nearly 60% of the total beneficiaries of our Health Camps**



Special health camps for senior citizens were conducted in Delhi Ncr. The facilities available were general health check-up, sugar test, and check-up for arthritis. Medicines were distributed free of cost to the beneficiaries after diagnosis.



# HEALTH CARE AT DOOR STEP

## BULANSAHER RURAL VILLAGE

Listed among the 250 most backward districts of the country, Bulandshahr has a rural population of more than 80%. Living in remote villages, the socio-economically marginalised populace has very limited access to even the most basic amenities.

But for more than a year now, families of the most disadvantaged villages in Uttar Pradesh have healthcare coming right at their doorsteps. Our health camps project dedicated to serve the district was launched in June 2017. Targeted to benefit over 5000 families, the project focuses on mother and child health.

As most of the people in the villages are small-time farmers and daily wage earners, they would never take a day off to visit the nearest health facilities that were kilometres away. Surviving from day to day was their biggest challenge and they believed everything else could wait. Illiteracy and lack of awareness further made them prone to ignorance. Through rigorous mobilisation activities, street plays, door to door visits and awareness drives, our Health Camps were successful in enabling more and more people from the identified villages to avail of the doorstep healthcare services.

Medical diagnosis, pathological lab services, free of cost medicines and treatment is provided to the people at the mobile hospital. In case of serious ailments and advanced cases, referrals are made to the nearest public and private medical centres. With the aim of promoting a health-seeking behaviour in the communities, mothers, children and the elderly are provided special counselling and awareness sessions on vital health issues such as personal hygiene, sanitation, immunisation, and healthy eating. School Health programme ensured that school going children adopt the simple necessary practices such as hand washing, clean eating in their daily routines.

Our health Camps project was well accepted by the villagers and it was quite evident when the whole community gathered to celebrate the completion of one year of the project. Women sang folk songs and children performed, as whole villages came together to congratulate the doctors and paramedical team of the mobile hospital on their sincere efforts and good work.





# HIV/AIDS AWARENESS CAMPAIGN



CIWT initiated the HIV and AIDS Awareness programme in 2018, with the objective of improving the health of the local communities in which it operates. In fact, the programme extends beyond the awareness camps being organized for the local community, and includes spreading awareness among underprivileged slum dwellers about HIV and AIDS. Further, ciwt has conducted a set of activities that include the following:

- Generating awareness about HIV and AIDS.
- Reducing stigma (for example, destigmatizing HIV testing by promoting an HIV testing day).
- Providing referrals for counseling and testing

we kicked off our new monthly initiative- an AIDS Awareness Camp by organizing a "Street Play".and included distribution of IEC (Information, Education & Communication) leaflets

we also conduct awareness programmes through posters, audiovisual sessions, mass education activities & multi lingual brochures





# MATERNAL HEALTH PROGRAM



*More Than 1000 women benefitted from the Maternal Health Programme which is an integral part of our health program initiative. Aimed at providing primary healthcare in the rural areas and urban slums, the programme uses its various networks with the village health communities to provide assistance during pregnancy and other issues like newborn and child health, newborn care at both public and private facilities. Behavioural change among the people in the community is encouraged through various counselling and sensitisation sessions. Mothers and expecting mothers are counselled at a regular basis on maternal and neonatal danger signs, nutrition for the mother and baby and healthy habits.*

## HYGIENE SESSION

*More than 50 Information Education and Communication sessions were conducted to create awareness in the community. To sensitise an entire community it is very important to start from the base i.e. the family. Men and women in a family should have equal responsibility of maintaining hygiene and sanitation. Under these sessions, parents are sensitised on how to maintain personal hygiene, keep their surroundings clean, the importance of having a toilet for the family and teaching the children about good habits from early childhood more than 1000 men, women and children were sensitised through various mediums like group discussions, street plays, door to door visits etc*



## DENTAL CAMP

*We organised 10 dental health camps in slums around new Delhi, In these camps we efficiently check each and every individual for their dental diseases. The data of patient names and their diagnosis details are then maintained for future treatment, More than 1000 pepsodent dental kits were distributed for free.*







**RANGOLI  
COMPETITION**

**FESTIVALS WE  
CELEBRATE  
TOGETHER**



**INDEPENDENCE DAY**

**IOHRI FESTIVAL**



**CHRISTMAS  
CELEBRATION**





**SHOE DISTRIBUTION**

**OUR OTHER  
AWARENESS  
PROGRAM &  
ACTIVITIES**



**SCHOLARSHIPS**



**YOGA DAY**



**TREE PLANTATION**



# PROJECT- GREEN INDIA

## THE GREEN GUYS

Climate Change: Mobilization, Awareness Campaign ,Tree Plantation & Water harvesting



Trees by you, but a pollution-free habitat for all!

The pollution of PM2.5 is making Delhi NCR loose 80 lives every day, leading to 10k to 30k annual deaths in the capital city. Not only air pollution alone, but the capital has already started facing a severe shortage of drinking water as well. Adding to the devastating conditions, a more serious situation is arising as the level of groundwater is continuously depleting in Delhi NCR. The Central Ground Water Board has informed the Supreme Court that the groundwater is depleting from 0.5m to 2m per year at different places in the city and could lead to severe crisis if not halted. Already realizing a threat on our survival, CIWT has initiated this Project for Delhi NCR', a mission to create lush green environment in Delhi NCR. we are grateful towards our volunteer and partners for their dedication, passion and thrill to create green lungs for Delhi NCR to reduce its striking pollution,



# SWACHH BHARAT CLEAN INDIA SQUAD



## ABOUT THIS PROJECT

The 'Clean India squad' looks out for our environmental health by drawing out public response towards cleanliness of our surrounding areas.

## WHY

Enthusiastic volunteers take up cleanliness drive at various locations to motivate people in maintaining a spotless environment.

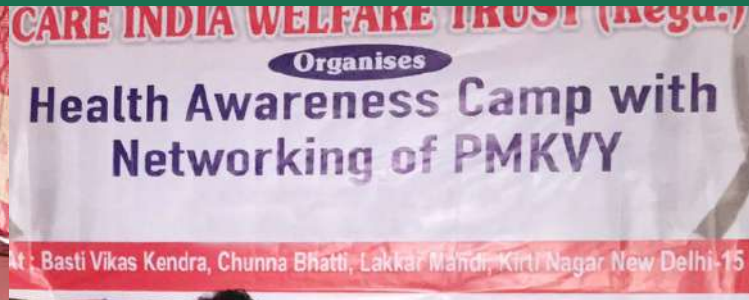
The squad is a volunteer led initiative to supplement the Swachh Bharat Mission towards the Sustainable Development Goal on improving universal access to safe, inclusive and accessible, green and public spaces.

## HOW

A group of our volunteers – the Clean India Squad – meet during the weekends and organise cleanliness drives at public spaces, inducing the public to volunteer for the same and contribute to a clean and sustainable environment. As the reach of the activity increase, people will realise their role in maintaining a salubrious surrounding, stop littering and avoid unhealthy sanitary practices.

## WHERE

The programme is currently going on in the cities of New Delhi & NCR.



## KEY HIGHLIGHTS

In India 20 per cent of children under five years of age suffer from malnutrition. More than one third of the world's children who are suffering from malnutrition live in India. Malnutrition among children is one of the major problems of our country. To mitigate this problem, CIWT nutrition programme has been providing both direct nutrition interventions and a broad range of "nutrition sensitive" interventions addressing the determinants of malnutrition

The project has been designed to address the issues of malnutrition and enable behavioural change regarding proper child care and dietary practices within existing family budgets in two phases:

- Nutrition Support: Catering to nutritional needs of the underprivileged children,
- Nutrition Awareness: Sensitizing the underprivileged communities for proper intake of nutrition through various awareness program and group discussion

Street plays highlighting importance of nutrition and combating malnutrition were organised to spread awareness among-st communities

Parents and children were given knowledge on healthy eating habits, meal planning, infections, food sanitation and unsatisfactory feeding practices by dietary experts

Poster/Painting/Story Writing/Essay

Writing competitions on healthy eating habits were conducted amongst children of all ages

Hand washing awareness campaign was conducted as a step ahead in encouraging hand hygiene among the children





## BETI PADHAO –BETI BADHAO

- A campaign to literate girls



The project was implemented with a vision to support poor girl students for their schooling in 2013 with 50 girls and still continuing from the area of west Delhi, south Delhi. The CIWT team has been providing them monthly allowance for their tuition fee.

- Careindiawelfaretrust has been working toward the education and well being of children and girls in urban slum area..
- Girl children and #girls studying between grades 1 to 12 in gift primary school have been awarded scholarship every month...
- The hope is that these scholarships will be vital step towards future financial security , education and empowerment of these youngster.
- The process starts with identifying bright students who have achieved more than 60% in their yearly examination, studying in various government schools. between grade 1 to 12 however facing difficulties in following their education owing to serious financial constraints. At care India welfare trust we acknowledge these bright students and try to note their little wing so they can fly high to achieve their dreams

**“Smiling face of every little girl is the signature of God’s presence.”**



# OUR PARTNERS & SUPPORTERS





# OUR PARTNERS & SUPPORTERS



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# IN THE NEWS

## दानपुर ब्लॉक में निःशुल्क चिकित्सा शिविर का किया गया आयोजन

पत्रकार-नीरज सुदामा

डिबाई केअर इंडिया वेलफेयर ट्रस्ट नई दिल्ली द्वारा ग्राम खुदादिया दानपुर ब्लॉक में एक निःशुल्क चिकित्सा शिविर का आयोजन किया गया।

केअर इंडिया से पधारी शिविर संयोजक अर्चना तिवारी ने अपने सहयोगी सुश्री ममता, अंजलि, अमृता कौर, आकाश कुमार, रमन कुमार आदि के सहयोग से प्राथमिक विद्यालय, खुदादिया में ग्रामीण क्षेत्र की जनता विशेषकर महिलाओं हेतु शिविर का आयोजन



किया। जिसमें उपचार के साथ बोमारियों से बचने के निरोधक उपाय उपस्थित लोगों को बताया। डॉ तारकेश्वर मिश्रा, डॉ चितरंजन, डॉ एम.पी.एस.भारतीय द्वारा रोगियों की जांच कर केअर इंडिया वेलफेयर ट्रस्ट को ओर से निःशुल्क दवाई वितरण किया गया। शिविर का उद्घाटन मंजू

सिंह ब्लॉक प्रमुख दानपुर और पी.पी.सिंह विधायक प्रतिनिधि डिबाई ने किया। शिविर में जनप्रतिनिधि के रूप में ग्राम प्रधान खुदादिया श्रीमती शारदा देवी विक्रम सिंह, विपिन माहेष्चरी डिबाई नगर अध्यक्ष भा.ज.पा., सोमवीर सिंह भट्टा वाले एवं राजेन्द्र कुमार को उपस्थिति रही। अर्चना तिवारी ने बताया कि ट्रस्ट शीघ्र ही महिलाओं एक चोकेशनल ट्रेनिंग सेंटर प्रारम्भ करने की योजना बना रहा है जिसका उद्देश्य महिलाओं की बहुमुखी प्रतिभा को निखार कर उन्हें रोजगारपरक प्रशिक्षण देकर समाज में स्वावलंबी बनाना है।

West Delhi 10 Mar 2019 44

**पश्चिमी दिल्ली**

नारी शक्ति से ही समाज और राष्ट्र का भेदा है निर्यात

**दिल्ली टैक्स राबिनी**

अंतर्राष्ट्रीय महिला दिवस पर केअर इंडिया वेलफेयर ट्रस्ट की वृत्त गेट-दुन्दुवर

10 मार्च 2019 को नारी शक्ति दिवस के अवसर पर केअर इंडिया वेलफेयर ट्रस्ट की वृत्त गेट-दुन्दुवर में एक कार्यक्रम का आयोजन किया गया। कार्यक्रम में अर्चना तिवारी, सुश्री ममता, अंजलि, अमृता कौर, आकाश कुमार, रमन कुमार आदि के सहयोग से प्राथमिक विद्यालय, खुदादिया में ग्रामीण क्षेत्र की जनता विशेषकर महिलाओं हेतु शिविर का आयोजन किया गया।

**नदीम सुबेरा**

दिल्ली डेवलपमेंट अथॉरिटी स्पोर्ट्स कॉम्प्लेक्स पश्चिम वित्त में 26 मार्च से 28 मार्च तक तीन दिन का पार्थिव वाली बाल टूर्नामेंट का आयोजन

अर्चना तिवारी, सुश्री ममता, अंजलि, अमृता कौर, आकाश कुमार, रमन कुमार आदि के सहयोग से प्राथमिक विद्यालय, खुदादिया में ग्रामीण क्षेत्र की जनता विशेषकर महिलाओं हेतु शिविर का आयोजन किया गया।

**दिल्ली न्यूज**

विकास केंद्र का उद्घाटन

कीर्तिनगर में शुरु हुआ सघन पौधरोपण

अर्चना तिवारी, सुश्री ममता, अंजलि, अमृता कौर, आकाश कुमार, रमन कुमार आदि के सहयोग से प्राथमिक विद्यालय, खुदादिया में ग्रामीण क्षेत्र की जनता विशेषकर महिलाओं हेतु शिविर का आयोजन किया गया।

**दिल्ली न्यूज**

संस्कारात्मक सोच की नई पहल

मिथिला, 19 अप्रैल 2018

**विद्यार्थक शिवचरण गोयल ने मोती नगर में किया ध्वजारोहण**

केअर इंडिया वेलफेयर ट्रस्ट ने मनाया स्वतंत्रता दिवस समारोह

मोती नगर (संवादकर्ता)

15 अप्रैल को दिन की नई राह बनाया शिवचरण गोयल ने स्वतंत्रता दिवस समारोह का आयोजन किया। कार्यक्रम में अर्चना तिवारी, सुश्री ममता, अंजलि, अमृता कौर, आकाश कुमार, रमन कुमार आदि के सहयोग से प्राथमिक विद्यालय, खुदादिया में ग्रामीण क्षेत्र की जनता विशेषकर महिलाओं हेतु शिविर का आयोजन किया गया।

**निःस्वार्थ लोगों की सेवा करना मेरा प्रथम लक्ष्य : महिन्द्र**

एशियाई पार्थिव संस्थापक। केअर इंडिया वेलफेयर ट्रस्ट के अर्थिक ने अपने धर्मोत्साह में बताया कि वे अपनी एमएनटीओ द्वारा बहुत से जलसन्तुलित लोगों को रोजगार मुहैया कराते हैं उन्हें शिल्पाई, कम्प्यूटिंग, पावर का कोर्स जैसे अनेकों कोर्स कराए जाते हैं यह यह सेवा काफी रोचक रहे हैं कोर्स

अर्चना तिवारी, सुश्री ममता, अंजलि, अमृता कौर, आकाश कुमार, रमन कुमार आदि के सहयोग से प्राथमिक विद्यालय, खुदादिया में ग्रामीण क्षेत्र की जनता विशेषकर महिलाओं हेतु शिविर का आयोजन किया गया।



# OUR FINANCIALS

## CARE INDIA WELFARE TRUST INCOME AND ITS APPLICATION ACCOUNT FOR THE YEAR ENDED AS ON 31ST MARCH, 2019



CARE INDIA WELFARE TRUST Balance Sheet as at 31 March, 2019			
Particulars	Note No.	Amount in Rs.	
		As at 31 March, 2019	As at 31 March, 2018
<b>A. SOURCES OF FUNDS</b>			
<b>Capital Funds</b>			
Corpus Funds		1,100	1,100
Reserve Fund		1,663,660	4,981,787
<b>Current Liability &amp; Provisions</b>			
Sundry Creditors for Expenses	1	86,047	326,079
<b>TOTAL</b>		<b>1,750,807</b>	<b>5,308,966</b>
<b>B. APPLICATION OF FUNDS</b>			
<b>Fixed Assets</b>			
Total Fixed Assets (Net of Depreciation)		96,519	110,234
Balance with Bank		1,365,269	5,024,165
Cash in Hand		252,621	153,267
Other Current Assets		36,398	21,300
<b>TOTAL</b>		<b>1,750,807</b>	<b>5,308,966</b>

### Notes forming part of Financial Statement

As per our report of even date:  
**For Surender Kumar & Associates**  
Chartered Accountants  
FRN - 000535N



CA. Sunita Dahiya  
Partner  
M. No. 537568  
Delhi, 06/08/2019

For and on behalf of board of trustees  
Care India Welfare Trust

Mahinder Dobriyal  
Trustee

Arpana Tiwari  
Trustee



# OUR FINANCIALS

## CARE INDIA WELFARE TRUST INCOME AND ITS APPLICATION ACCOUNT FOR THE YEAR ENDED AS ON 31ST MARCH, 2019



### CARE INDIA WELFARE TRUST INCOME AND APPLICATION OF FUNDS ACCOUNT FOR THE YEAR ENDED AS ON 31st MARCH, 2019

Particulars	Note No.	Amount in Rs.	
		For the year ended 31st March, 2019	For the year ended 31st March, 2018
<b>Income</b>			
Voluntary Contributions			
Interest Income		20,225,627	17,797,349
		74,185	125,060
<b>Gross Income Available for Application (A)</b>	<b>(I+II)</b>	<b>20,299,812</b>	<b>17,922,409</b>
<b>Application of Income</b>			
Income applied for execution various social and welfare programme	2	18,479,869	13,001,732
<b>Total (B)</b>		<b>18,479,869</b>	<b>13,001,732</b>
Administration & Other Expenses (C)	3	5,124,355	3,370,496
<b>Total Income Applied</b>	<b>(B+C)</b>	<b>23,604,224</b>	<b>16,372,228</b>
Net Surplus before depreciation & tax	(A-B-C)	(3,304,411)	1,550,182
Less - Depreciation		13,715	19,917
Net Surplus before tax		(3,318,126)	1,530,265
Less - Provision for Income Tax		-	-
<b>Net Surplus after depreciation &amp; tax</b>		<b>(3,318,126)</b>	<b>1,530,265</b>

#### Notes forming part of Financial Statement

As per our report of even date.

For Surender Kumar & Associates

Chartered Accountants

FRN - 000535N

*Smita*



CA. Smita Dahiya  
Partner  
M. No. 537568  
Delhi, 06/08/2019

For and on behalf of board of trustees  
Care India Welfare Trust

*Mahinder Dobriyal*

Mahinder Dobriyal  
Trustee

*Arpana*

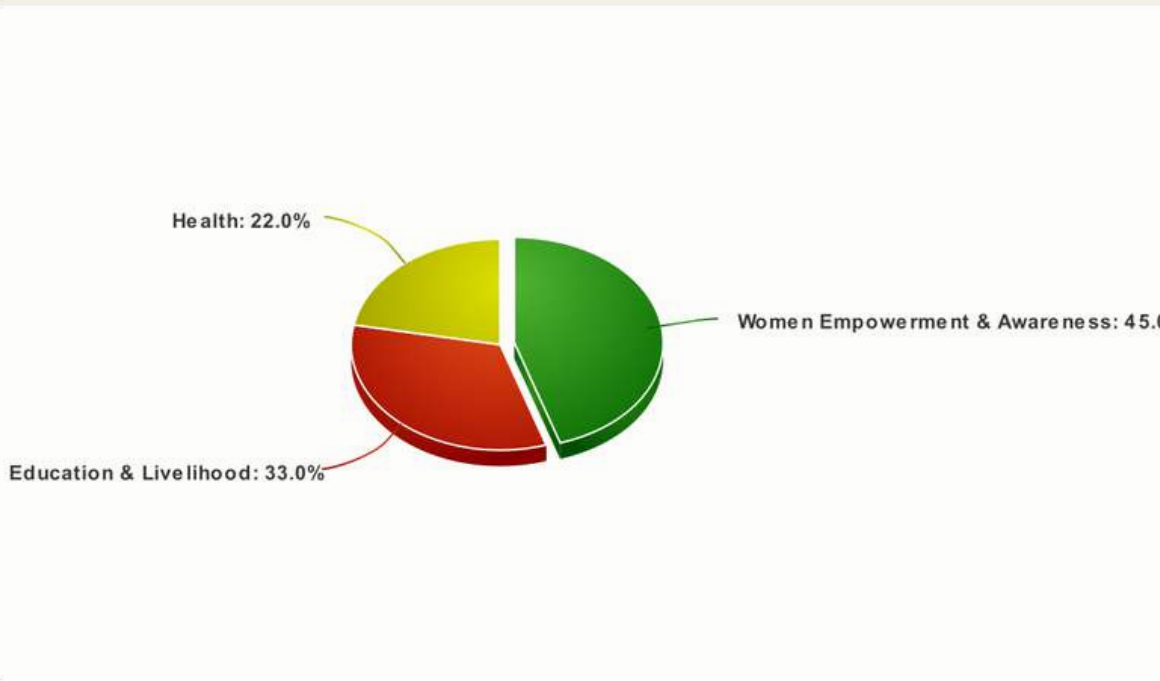
Arpana Tiwari  
Trustee





# DISBUREMENT OF FUNDS

2018-2019



■ Women Empowerment & Awareness ■ Education & Livelihood ■ Health

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# CONTACT US !

- Basti Vikas Kendra, Harijan Basti, Chuna B



- Plot No 29&30, Gali No 2, Old market, Jain N



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[www.careindiawelfaretrust.org](http://www.careindiawelfaretrust.org)



CARE INDIA WELFARE  
TRUST





# ANNUAL REPORT

2018/2019

## CARE INDIA WELFARE TRUST

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