

# *Annual Report*

## *2023-24*



[info@careindiawelfaretrust.org](mailto:info@careindiawelfaretrust.org)



[www.careindiawelfaretrust.org](http://www.careindiawelfaretrust.org)



# *Table Of → Content*

**03** About

**05** Vision & Mission

**06** President Message

**07** Accomplishments

**13** Apna Chhota School

**20** Education

**30** Health & Wellness

**43** Women  
Empowerment

**51** Sustenance

**53** Our Crusade

**55** Medicinal  
Plantation Drive

**58** Old Age Health  
Care

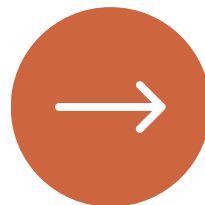
**63** Hunger Free  
Revolution

**66** Mission Bloom-  
Care-Flow

**68** Our Financials

**70** Contact Us !

Non Governmental Organization



# About

## → *Care India Welfare Trust*

**Care India Welfare Trust** is a dynamic non-profit organization working since 2011 through its need-based programs committed to driving positive change and uplifting communities in slums and deprived areas of India. We believe in the power of collective action and are dedicated to empowering vulnerable groups, fostering sustainability, and creating a brighter future for all.

CIWT focuses on several critical areas, including women empowerment, girl child education, old age assistance, environmental conservation, unemployment in youth, toddler education, healthcare and sustainability.

Our NGO is deeply committed to sustainability in all aspects of our work. We advocate for sustainable practices, promote renewable energy, and support initiatives that enhance the overall well-being of communities while preserving natural resources for future generations.

Women empowerment and education for all, lies at the core of our mission. We believe that when women are empowered, entire communities thrive. Through skill building programs, entrepreneurship training, and advocacy, we empower women with the knowledge, tools, and resources they need to unleash their full potential and become agents of change.

Education is a fundamental right, and every child deserves access to quality education, regardless of their background. Our NGO is dedicated to providing girl child education, as we firmly believe that educating girls is key to breaking the cycle of poverty and ensuring a more equitable society. By establishing schools, providing scholarships, and promoting girls' education initiatives, we strive to create an environment where every girl can dream, learn, and succeed.

We also extend our support to the elderly, who often face neglect and isolation. Our old age assistance programs focus on addressing the unique challenges faced by senior citizens, including healthcare support, emotional well-being, and social inclusion. By offering a range of services, from medical camps to recreational activities, we ensure that our elders receive the care and respect they deserve.

Environmental conservation is a pressing concern, and we are passionate about safeguarding our planet for future generations. Through community-driven initiatives, tree plantation drives, waste management programs, and awareness campaigns, we actively promote environmental sustainability. We believe that by engaging individuals and communities, we can create a greener, cleaner, and more sustainable environment.

Recognizing the importance of youth in shaping the future, we also strive to provide employment opportunities and skill development programs for young individuals. By partnering with local businesses, offering vocational training, and facilitating mentorship programs, we empower youth to access sustainable livelihoods, realize their potential, and contribute to their communities' growth.



Early childhood education is crucial for a child's holistic development, and we focus on providing quality toddler education in slums and deprived areas. By establishing early toddlers learning centers, training dedicated teachers, and engaging parents, we create safe and stimulating environments where young children can learn, play, and grow.

***Join us in our mission to empower women, educate girls, support the elderly, protect the environment, provide employment opportunities for youth, ensure early childhood education, and promote sustainability. Together, we can create lasting change, foster inclusive development, and build a more prosperous and sustainable future for all.***

**In 2023-24, we have benefited more than 3,40,780 including children, destitute women and poor old people under our projects.**





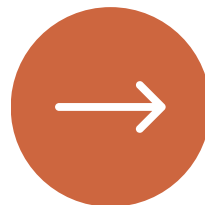
# *Vision* → *Mission*

Our *Vision* is to establish a society where every individual, irrespective of their background or personal circumstances, is afforded equal opportunities, respect, and the organization to determine their own future. We aspire to create a world where women are fully empowered, children receive high-quality education, the elderly are honored and provided with proper care, the environment is safeguarded, and communities flourish in both sustainable and inclusive manners. This vision encompasses a commitment to equitable access, dignity for all, and the promotion of holistic well-being across all segments of society.



Our *Mission* is to transform lives, empower communities, and drive positive change through our multifaceted initiatives. With your help and collaboration we all can do our share for society and see rippling improvement in the situation of deprived sections.

*Empowering Lives, Enabling Futures: Our mission is to uplift and support underprivileged communities by providing access to essential resources, education, and opportunities. Through innovative programs and grassroots partnerships, we strive to create sustainable change, foster self-reliance, and ensure that every individual has the chance to realize their full potential. We are dedicated to building a more equitable society where every voice is heard, and every person has the opportunity to thrive.*



# *Forewords by our →President*

Looking back, my heart swells with pride and gratitude for the remarkable progress we have made together. The journey of **Care India Welfare Trust, estd 2011**, is a powerful testament to our shared vision of a more just and inclusive India. It is with profound honor that I reflect on the extraordinary milestones we've achieved and the lives we've touched.

From the beginning, our mission has been clear and resolute: to uplift those in need with steadfast dedication, to shatter the barriers of inequality, and to nurture a society where every individual can thrive. Guided by this unwavering mission, our collective efforts have blossomed into results that exceed our hopes and aspirations. Through our initiatives, we have witnessed transformation on a scale that reaffirms our deep commitment to this noble cause.

Our work has sparked tangible change in the lives of countless individuals. Families have discovered new hope and opportunities, children have been empowered through education, and women have emerged as leaders and catalysts for change in their communities. These achievements are not merely milestones; they are the very embodiment of our vision for a brighter, more equitable India.

This extraordinary progress would not have been possible without the relentless dedication of our team, the steadfast support of our partners, and the boundless generosity of our donors. Each collaboration, every partnership, and each contribution has been a vital force in propelling our mission forward. Together, we have forged a formidable force for good, overcoming challenges and creating lasting, meaningful change.

As we look ahead, we acknowledge that the road before us is long and fraught with challenges. Yet, our resolve remains unshakable as we face these obstacles with unwavering determination. We are committed to expanding our reach, deepening our impact, and making a profound difference where it is most needed. Our vision is a nation where every child has access to quality education, where women lead with strength and dignity, and where every individual is met with respect and opportunity.

In closing, I extend my heartfelt thanks to each of you who has been a part of this transformative journey. Your support and belief in our mission inspire us every day and drive us to reach ever greater heights. Let us continue to work hand in hand to build a future where compassion, equality, and progress are not mere ideals, but enduring realities.

With sincere appreciation and steadfast commitment,

President,  
Care India Welfare Trust





# Accomplishments

## → 2023-24



- In the fiscal year 2023-24, a staggering number of **4,707** children enthusiastically enrolled in our esteemed Vocational Studies Program, embracing the opportunity to acquire practical skills and knowledge that will shape their professional journeys and open doors to a prosperous future.
- A transformative journey unfolded as **710 children** embarked on captivating Educational Expeditions, immersing themselves in enlightening experiences that broadened their horizons and ignited a thirst for knowledge.
- Financial assistance was extended to **120 girls** under the Girl Child Scholarship Program, empowering them with the means to pursue their educational aspirations and unlock a brighter future.
- Under the **Self-defense Program**, **3,120 women and girls** were empowered with knowledge and skills in self-defense techniques.
- **352 women achieved self-employment** through the cutting and tailoring course and beautician training course, embarking on a journey of entrepreneurship and self-sufficiency in the fashion and beauty industry.
- A remarkable achievement unfolded as a **total of 2,084 children and youth were equipped with essential skills** through our prestigious - **Computer Training Program and BPO Training Program**. These comprehensive initiatives have empowered them with the necessary technological proficiency and industry-specific knowledge, positioning them for success in the digital era and opening doors to promising career opportunities.
- Under the program dedicated to providing **Healthcare Support** for the elderly, a significant initiative was undertaken whereby a total of **421 senior citizens received the distribution of medicinal supplies**.





# Accomplishments

## → 2023-24

- In a recreational act of profound compassion, joyous **birthday celebrations** were organised for **312 underprivileged** elders, creating a transformative experience that brightened their lives and evoked heartfelt smiles upon their faces.
- Throughout the fiscal year, we orchestrated a remarkable series of **20 health camps, 14 dental camps, and 14 eye check-up camps**, providing invaluable healthcare services to our community. With great pride, we announce that a significant number of **11,157** individuals availed themselves of these camps, embracing the opportunity to prioritize their well-being and access essential medical care.
- Through a comprehensive outreach effort, valuable knowledge pertaining to the **government's pension schemes and healthcare initiatives** was imparted to the elderly, ensuring their awareness and understanding of the available resources designed to support their well-being.
- Under the esteemed **Old Age Health Care Program**, a monthly provision of financial aid is being extended to **75** esteemed elderly individuals, offering them crucial support to meet their financial needs and enhance their overall well-being.







# Accomplishments

## → 2023-24



- A remarkable achievement has been attained as a total of **1,244** young individuals have been successfully enrolled in the **BPO Training Program**. This program has not only facilitated their professional development but also resulted in a significant enhancement of their communication skills, equipping them with the essential capabilities needed to thrive in the dynamic field of career opportunities.
- Through the comprehensive **BPO Training Program**, a commendable milestone has been achieved as gainful employment opportunities have been provided to **108** marginalised youth. This initiative has not only empowered them with valuable skills but has also opened doors to economic stability, offering a transformative pathway towards a brighter future.
- Through our comprehensive **Health Awareness Campaign**, we successfully disseminated vital health information to an astounding number of **27,795** individuals, empowering them with knowledge and fostering a deeper understanding of crucial health-related matters.
- As part of our impactful efforts, we **distributed Dental Kits to 1100 underprivileged** individuals, equipping them with essential tools and resources to prioritize oral health and ensure a brighter, healthier smile.
- In a remarkable act of compassion, we extended the gift of improved vision to **420 visually impaired** individuals. Through our generous distribution of spectacles, we empowered them to see the world with newfound clarity and regain a sense of independence and dignity.





# Accomplishments

## → 2023-24

- Through our ambitious Medicinal Tree Plantation Drive, we planted an awe-inspiring total of **5,014 medicinal plants**, sowing the seeds of transformation. This exceptional endeavor not only nurtures the environment but also contributes to the preservation of nature's healing power, ensuring the availability of vital medicinal resources for generations to come.
- Through the impactful **Swachh Bharat Abhiyan Awareness** Campaign, a staggering number of **18,210 individuals** were successfully inspired and motivated to actively contribute towards maintaining cleanliness in both their immediate surroundings and the broader society. This transformative initiative instilled a deep sense of responsibility, fostering a collective effort towards creating a cleaner and healthier environment for all.
- We conducted **Swachhta Drives at 120 places** including parks, societies, streets, schools, bus stands, and railway stations.
- As part of our dedicated **Disability Welfare Program**, we made a profound impact by distributing wheelchairs to **55 individuals** with disabilities. This transformative initiative aimed to enhance their mobility, independence, and overall well-being, ensuring that they could navigate their lives with greater ease and dignity.
- Within the comprehensive framework of our esteemed **Disability Welfare Program**, we are steadfastly committed to extending monthly financial support to a cohort of **90 individuals** grappling with disabilities. This paramount initiative aims to alleviate financial hardships and create an environment of inclusivity, where these individuals can lead fulfilling lives free from the burdens imposed by their disabilities.





# Accomplishments

## → 2023-24



- Within the ambit of our extensive **Child Protection and Child Rights Program**, a commendable effort was undertaken to raise awareness among a significant cohort of **7,991** children and individuals. This crucial initiative aimed to advocate for the welfare, care, and safeguarding of children, fostering a society where their rights and protection are upheld as paramount principles.
- Under our auspicious initiative, we diligently disseminated valuable knowledge pertaining to the detrimental issue of violence against children, proactive measures to prevent abuse, as well as their inherent **Social and Legal Rights**, with a vision to secure a promising future for them.
- Within the profound **Cancer Awareness Program**, we facilitated crucial financial aid to **28** children afflicted with cancer. This imperative initiative sought to alleviate the burdens imposed by the disease, enabling these young individuals to access the necessary medical treatments and support for their battle against cancer.
- Within the realm of our **Consumer Rights Program**, a significant effort was dedicated to enlightening a notable cohort of **3,054** individuals about the intricate domain of consumer rights.
- Through our impactful **Hunger Free Program**, we successfully provided nourishment to a remarkable total of **41,308** individuals, ensuring their basic needs were met and alleviating hunger within our community. This significant initiative aimed to address food insecurity, fostering a compassionate environment where no individual had to endure the plight of hunger.
- As part of an expansive **Health Awareness Campaign**, a notable accomplishment was achieved wherein a total of **6,125** Elderly individuals were effectively enlightened about matters pertaining to their well-being.







# Accomplishments

## → 2023-24

- Through the implementation of the **Remedial Education Drive**, an extensive program was carried out, wherein meticulous and comprehensive tutoring sessions were provided to **225 children** residing in underprivileged slum areas. This initiative aimed to bridge educational gaps and empower these young individuals by offering them the necessary academic support and guidance they require to overcome challenges and excel in their studies.
- In this fiscal year, as part of the **Mission Bloom-Care-Flow**, noteworthy accomplishment was achieved through the distribution of **54,443** sanitary napkins. This significant initiative not only addressed a crucial aspect of women's health and hygiene but also played a pivotal role in empowering and supporting women in their pursuit of well-being and dignity.
- Within the profound scope of our **Human Rights program**, a remarkable endeavor was undertaken to edify a noteworthy population of 5,243 individuals on the intricate realm of human rights. This pivotal initiative aspired to foster awareness and understanding, equipping these individuals with invaluable knowledge to recognize, advocate, and safeguard the inherent rights and dignity of all individuals.
- In addition, we undertook the task of enlightening women about the proper disposal methods of sanitary waste and diapers, emphasizing the importance of utilizing paperbased and **SUSTAINABLE** alternatives. Through this educational initiative, we aimed to foster a sense of environmental consciousness and responsibility, empowering women to make eco-friendly choices that contribute to the preservation of our planet's resources.



# Apna Chhota School



**APNA CHHOTA SCHOOL (ACS)**, an initiative launched by CIWT, was established with the mission of providing exceptional early childhood education to children from underserved communities. Our institution is committed to serving children residing in impoverished urban areas, offering them not only essential educational resources but also the comprehensive support required for their success and development. Through our dedicated efforts, we aim to bridge the educational gap, ensuring that every child has access to a nurturing and enriching learning environment that fosters their potential and prepares them for a brighter future.

## Vision

We envision a future in which every child, particularly those from marginalized and impoverished communities, is afforded access to high-quality early education that fosters their cognitive, social, and emotional development. Our objective is to cultivate a nurturing and inclusive environment that empowers these children to flourish and realize their full potential. By providing a robust educational foundation and holistic support, we aim to dismantle barriers to success and create pathways for all children to excel and contribute meaningfully to society.



## Mission

Our mission is to offer accessible and inclusive early education to children residing in impoverished urban areas, with the goal of establishing a solid educational foundation for each child. We are dedicated to nurturing holistic development, igniting curiosity, and equipping these young learners for a lifelong journey of learning and personal growth. By prioritizing educational equity, we strive to ensure that every child, regardless of their socioeconomic status, has the opportunity to develop essential skills and competencies that will serve as a cornerstone for their future success and well-being.



## IMPORTANCE AND FOCUS OF KINDERGARTEN EDUCATION AT ACS:

Kindergarten education is essential for young children, offering a range of benefits and addressing significant developmental needs. At APNA CHHOTA SCHOOL (ACS), especially in slum areas, we focus on several key aspects to ensure our students receive the best early education:

- **Holistic Development:** We provide a curriculum that supports cognitive, social, emotional, and physical development, catering specifically to the needs of children from slum communities.
- **Early Literacy and Numeracy:** Our programs include activities designed to build foundational literacy and numeracy skills in an engaging manner, addressing gaps that may exist due to socioeconomic challenges.
- **Social Skills:** Through group activities, we help children from slum areas learn to cooperate, share, and communicate effectively, building essential social skills.
- **Emotional Growth:** We create a nurturing environment that encourages emotional resilience and self-expression, helping children from disadvantaged backgrounds develop a positive self-image.
- **Creative Expression:** Opportunities for artistic and creative expression, including art, music, and drama, are integrated into our programs to stimulate imagination and creativity.
- **Physical Activity:** Regular physical activities and play are included in the daily routine to support physical development and overall well-being, addressing the needs of children who may have limited access to such resources.

At **ACS**, we are committed to bridging the educational gap for children in slum areas by providing a supportive and engaging learning environment that fosters their growth and development.





## ACADEMIC PERFORMANCE:

- **Overall Enrollment:**
  - Total number of students enrolled: 120
- **Class Performance:**
  - Literacy Skills: Average developmental progress of 92% in early reading and writing activities
  - Numeracy Skills: Average developmental progress of 95% in basic counting and number recognition
  - Social and Emotional Development: Average progress of 90% in social interactions and emotional regulation
- **Attendance Rate:**
  - Average attendance rate for the year: 95%
- **Progress Milestones:**
  - Percentage of students achieving key developmental milestones: 90%



## ACADEMIC PERFORMANCE:



- **Milestone Achievements:**
  - Many students demonstrated significant progress in early literacy and numeracy skills, with **90%** reaching expected developmental milestones by the end of the year.
- **Top Achievements:**
  - **Creative Art Showcase:** Students' artwork was featured in a local exhibition, showcasing their creativity and fine motor skills.
- **Special Events:**
  - **Annual Preschool Play:** The children performed a delightful play on "The Jungle Adventure," receiving positive feedback from parents and the community.
  - **Community Engagement:** Participation in a local community event, where students presented a song and dance performance.
- **Parent Feedback:**
  - Parents have expressed high satisfaction with their children's progress and the supportive learning environment provided at the preschool.



## COMMUNITY ACTIVITIES ORGANIZED BY THE SCHOOL:



- **Health and Wellness Workshops:**

- **Description:** APNA CHHOTA SCHOOL (ACS) organized health and wellness workshops in local slum communities, offering basic health check-ups, nutritional guidance, and hygiene education to families.
- **Impact:** Enhanced health awareness and improved living conditions among families in slum areas, contributing to overall community well-being.

- **Parent Engagement Sessions:**

- **Description:** Conducted interactive sessions for parents and caregivers to educate them on early childhood development and effective parenting strategies.
- **Impact:** Strengthened the support system for children's learning and development by empowering parents with knowledge and skills.

- **Community Clean-Up Drives:**

- **Description:** Engaged students and local residents in community clean-up drives to promote cleanliness and environmental awareness.
- **Impact:** Improved the local environment and instilled a sense of responsibility and pride in maintaining a clean living area among community members.

- **Cultural and Educational Events:**

- **Description:** Organized events such as cultural festivals and educational fairs to celebrate local traditions and showcase students' talents.
- **Impact:** Fostered community spirit and provided a platform for children to express themselves and gain confidence.





## SCHOOL'S INITIATIVES FOR SOCIAL RESPONSIBILITY:

- **Scholarship and Support Programs:**

- **Description:** Provided scholarships and material support (e.g., uniforms, books) to children from slum areas to ensure they have access to quality early education.
- **Impact:** Enabled more children from underprivileged backgrounds to attend school and benefit from a strong educational foundation.

- **Early Childhood Development Workshops:**

- **Description:** Offered workshops for local caregivers on the importance of early childhood education and ways to support children's development at home.
- **Impact:** Improved caregiver knowledge and practices, contributing to better developmental outcomes for children.

- **Resource Donation Drives:**

- **Description:** Organized drives to collect and distribute essential resources like educational materials, clothing, and toys to children and families in slum areas.
- **Impact:** Provided much-needed resources to support children's education and well-being, enhancing their overall quality of life.

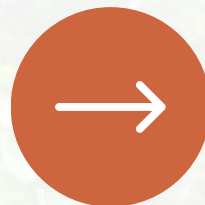
- **Community Outreach Programs:**

- **Description:** Partnered with local NGOs and community groups to address broader social issues affecting families in slum areas, such as access to healthcare and social services.
- **Impact:** Expanded the school's impact by addressing critical needs and supporting community development efforts beyond the classroom.

- **Environmental Education Initiatives:**

- **Description:** Implemented programs to teach children and their families about environmental conservation and sustainable practices.
- **Impact:** Increased awareness about environmental issues and encouraged environmentally friendly practices within the community.





## ACKNOWLEDGEMENTS:

We would like to extend our heartfelt thanks to all those who have contributed to the success of **APNA CHHOTA SCHOOL (ACS)** over the past year.

- **Contributors:** We are deeply grateful to our donors, partners, and community supporters whose generous contributions have made it possible for us to provide high-quality early childhood education to children in underprivileged communities.
- **Staff:** A special thank you to our dedicated teaching and administrative staff. Your unwavering commitment and hard work are the cornerstone of our success. Your passion for early childhood education and continuous efforts to nurture and support our students are truly appreciated.
- **Students and Families:** To our wonderful students and their families, thank you for your trust and collaboration. Your enthusiasm for learning and support for our programs are what drive us to continually strive for excellence.
- **Volunteers and Community Partners:** We also wish to acknowledge the invaluable contributions of our volunteers and community partners. Your support and involvement have significantly enriched our programs and extended our reach within the community.

### Contact Information:

For any questions or further information related to this annual report, please feel free to contact us:

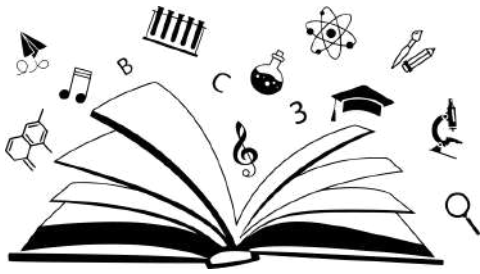
- Email: [info@careindiaelfaretrust.org](mailto:info@careindiaelfaretrust.org)
- Phone: +91-9990770201
- Address: APNA CHHOTA SCHOOL (ACS), Basti Vikas Kendra Harijan Bast, Chuna Bhatti, New, near Nirankari Satsang Bhawan, Kirti Nagar, New Delhi, Delhi 110015, Delhi, India

We welcome your feedback and inquiries and are always happy to provide more information about our programs and initiatives.

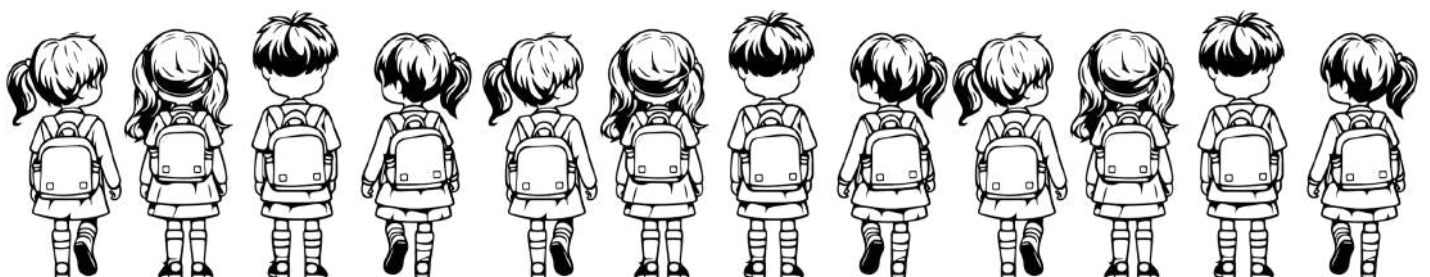


# Our Projects →

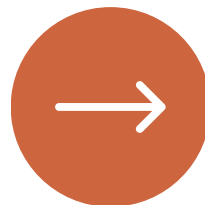
## Education



The **Care India Welfare Trust** firmly upholds the belief that education stands as a paramount instrument for the empowerment of the girl child, transcending societal boundaries and thwarting gender-based discrimination. Bestowing foundational education upon girls serves as an unequivocal means to endow them with the capacity to forge judicious paths in their lives, thus enabling them to rightfully claim their positions within society. Through its four centers, Care India Welfare Trust has been zealously imparting education to young girls aged 6 to 14, nestled in the slums of Delhi, Kolkata, and Uttar Pradesh. In the course of a year, the NGO has successfully nurtured **2,147** young minds, equipping them with essential skills to blossom into future leaders who play indispensable roles in the nation's progress and prosperity.









## 1. BETI BACHAO BETI PADHAO

In the year 2013, the visionary initiative known as Project "**BETI BACHAO BETI PADHAO**" was launched with the noble objective of uplifting girl children living in challenging circumstances by offering them a pathway to a brighter future through education. Presently, this remarkable undertaking has taken root in two cities across India. In each of these cities, the Care India Welfare Trust has been ardently engaging with a specific cohort of disadvantaged girl children, providing them with a supportive environment to flourish.

The outcomes of this project have been truly commendable, as it has achieved a notable surge in enrollment, retention, and proficiency levels in core subjects like Reading, Writing, and Arithmetic among these young girls. Consequently, their educational performances have markedly improved, and the fear of attending school has become a thing of the past.





Thanks to the comprehensive development efforts, these children have undergone a remarkable transformation, becoming well-informed, self-aware, confident, and eloquent individuals. Their discipline and profound appreciation for education have led them to harbor ambitious aspirations for their future.

Remarkably, the positive impact of Project **BETI BACHAO BETI PADHAO** extends beyond the girl children themselves. Parents and teachers have experienced a significant shift in their mindsets, transitioning from derision to active support for these girls' aspirations. An increasing number of parents now devise plans to ensure their daughters' uninterrupted education, thus fostering a more inclusive and enlightened society.

We have achieved significant progress through our commitment to educating underprivileged girls living in slum areas. By providing these young girls with access to quality education, we have not only empowered them with essential knowledge and skills but also fostered their personal growth and resilience. Our efforts have contributed to substantial improvements in their educational outcomes and overall well-being, demonstrating a meaningful impact on their lives and paving the way for brighter futures despite the challenges of their circumstances.

## OUR INFLUENCE

*Under the aegis of "**Beti Bachao Beti Padhao**",  
"We Empowered **410** young girls through education.  
Extended stationery support to **2,354 girls**, and  
Granted financial assistance to **80** deserving individuals."*





## 2. REMEDIAL EDUCATION PROGRAM



The project endeavors to uplift underprivileged children requiring special care and support, ensuring their holistic development and academic progress.

By actively identifying and engaging with children who are currently out of school or have dropped out, the project collaborates with parents to enroll them in nearby government schools. Many of these children were previously engaged in income generating activities such as rag-picking, shoe polishing, petty vending, domestic labor, and even begging. Our comprehensive approach includes assisting them with their homework, supporting their academic progress, bridging learning gaps in comparison to their peers, and motivating them to attend school regularly.

Back to   
SCHOOL





With boundless enthusiasm, the **Care India Welfare Trust** is fervently dedicated to fostering the all-encompassing growth of children through a dynamic enhancement of their reading, writing, and mathematical prowess. Unwaveringly committed to this noble mission, the NGO offers a plethora of invaluable resources to these young minds, including free teaching, learning support, remedial coaching, daycare services, engaging recreational activities, essential stationery, and comprehensive health and hygiene training.







*"This fiscal year, we have successfully enrolled **45** children in schools and provided remedial education to **225** others."*



Not content with merely elevating academic skills, the **Care India Welfare Trust** is driven to combat the dropout menace that plagues these children by actively engaging with parents, society, and the children themselves. At our remedial centers, we take pride in presenting a distinctive study material section, where children are granted access to enthralling storybooks and informative newspapers. The delightful process involves reading and absorbing knowledge, after which they express their newfound wisdom through meticulously crafted notes, instilling invaluable life lessons to follow ardently. This inspiring endeavor seeks to leave an indelible mark on their lives, empowering them to embrace learning with unfaltering zeal.

## OUR INFLUENCE

A remarkable feat achieved by the organization was enrolling **44 children**, who had previously dropped out, into government schools.

Furthermore, the initiative of providing remedial education has enabled **225 children** to benefit from tuition classes.

**3,695 children** received the warmth and comfort of woolen clothes, thanks with our winter compassionate efforts.



### 3. COMPUTER TRAINING PROGRAM



Amidst the burgeoning demand for Computer-Savvy professionals across the world, we have embarked on a visionary computer education project as an integral part of our **Skills Development Initiative**.

Care India Welfare Trust has astutely recognized the imperative for computer training among the educated unemployed youth. Our selection process focuses on impoverished individuals from rural villages and urban slums, prioritizing those whose family income hovers below the poverty line, thus qualifying them for the program.



In the current fiscal year, we have meticulously handpicked **198** deserving and impoverished youth, imparting them with a comprehensive **4-month Software Training Course**. The curriculum covers vital subjects like Computer Fundamentals, MS Office, DTP, Internet Concepts, and Soft Skills, all geared towards fostering job-oriented expertise and creating sustainable livelihoods and employment prospects. Additionally, we extend the privilege of providing free study material to all trainees during the training period.

The remarkable results of our efforts are evident as we have successfully trained and empowered **840 young individuals**, including girls, culminating in employment opportunities for **87** of them. Moreover, we have further aided **11** ambitious youth in securing loans from banks and other financial institutions to initiate their own entrepreneurial ventures.

Our dedication to job placement is exemplified by partnering with private Limited sectors in Kirti Nagar, facilitating placements for course participants. A substantial number of **43** young talents have already grasped opportunities to work in various shops, thus commencing their journeys towards a prosperous future. Upon completion of the computer course, participants are bestowed with well-deserved certificates, acknowledging their achievements and bolstering their potential in the professional realm.

## OUR INFLUENCE

*A remarkable total of **840 children** have been proudly awarded computer course certificates, attesting to their commendable achievements and proficiency in the field.*

*In addition, an impressive number of **169 children** have indirectly benefited from this transformative program, reaping the rewards of enhanced skills and knowledge.*

*Furthermore, the project has opened doors for **127** participants, affording them valuable job opportunities, where they are now flourishing and earning in various esteemed organizations.*



18003134006



info@careindiawelfaretrust.org



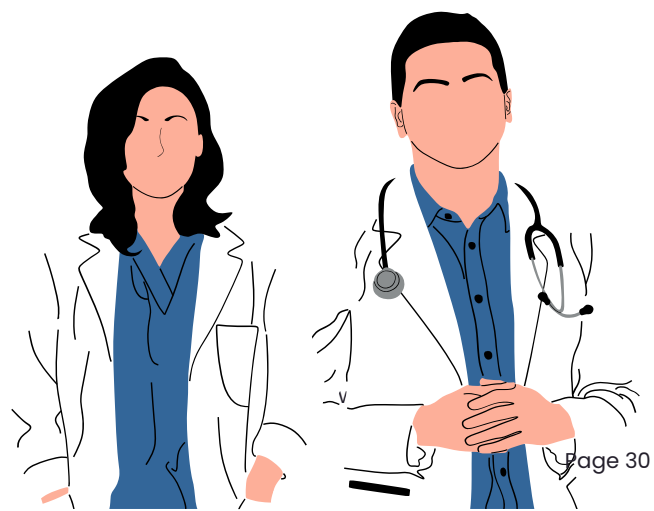
www.careindiawelfaretrust.org

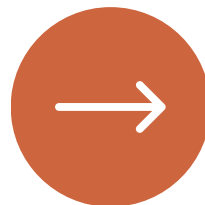


# Health & → Wellness



In an impressive feat, this year's **Health & Wellness Program** extended its benevolent reach beyond the slums of Delhi, encompassing the regions of Uttar Pradesh and Kolkata. As part of our holistic approach, we rendered free health services, while concurrently raising awareness about diverse health-related ailments. Our dedicated efforts operate at individual, community, and systemic levels, crafting innovative solutions and executing top-notch health services to foster overall well-being.





## **Our initiatives**

- 1. Health Check up Camps**
- 2. Eye Check up Camps**
- 3. Dental Check up camps**
- 4. Health Awareness Camps**





## 1. HEALTH CHECK UP CAMP

Our **Health Camps** are meticulously designed to deliver healthcare services to the marginalized communities residing in remote rural areas and slums through independent camps. These camps are executed in collaboration with crucial community stakeholders, government health departments, and specialized doctors such as **Gynecologists, Pediatrics, Ophthalmologists, Dentists, and General Physicians.**





Tailored to suit the specific needs of different communities, these health camps can vary in duration from one-day specialized events to more extensive 5-10 day intensive initiatives.

In total, the Health Camps have successfully reached out to over **12,500** individuals residing in various slum areas. Among the beneficiaries, women and children constituted an impressive 67% of the total count. Our Health Camps, conducted in Delhi, Kolkata, Bihar, and Uttar Pradesh, specifically targeted daily wage laborers and their families, benefiting a total of **6,219** individuals. The camps provided an array of cost-free services, including thorough health check-ups conducted by medical professionals, distribution of medicines, and facilitation of pathological tests.

## OUR INFLUENCE

During the course of this fiscal year, we orchestrated a total of **20 Health camps**, wherein we diligently distributed complimentary medicines and rendered expert counsel pertaining to chronic illnesses, culminating in an impressive uptake of **6,219 individuals** who availed themselves of the invaluable opportunity for complimentary check-ups.

During the course of this fiscal year, we orchestrated 14 commendable **Eye Check-up camps**, providing an invaluable opportunity for **2,472** individuals to avail themselves of free comprehensive assessments.

Our impactful efforts extended even further, as we distributed essential spectacles to **415** visually impaired individuals, empowering them with clearer vision.

In addition, recognizing the gravity of specific cases, we thoughtfully referred **59** individuals to a prestigious eye hospital, where they underwent vital eye surgeries, thus fostering a brighter future for them.



18003134006



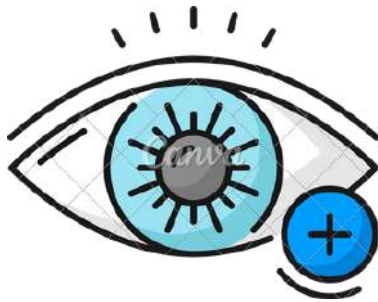
info@careindiawelfaretrust.org



www.careindiawelfaretrust.org



## 2. EYE CHECK UP CAMP



The significance of ocular health cannot be overstated, as our eyes serve as vital conduits through which we perceive and comprehend the world around us. Regrettably, certain eye ailments can lead to visual impairment, affecting the lives of impoverished laborers dwelling in slum areas. Compelled by their dire economic circumstances, accessing eye treatment becomes an arduous endeavor for these individuals. In response, we have orchestrated **14 Meticulous Eye Check-up Camps** during this financial year, aimed at rendering comprehensive healthcare solutions to our beneficiaries.







Through these camps, we have provided attentive care to a total of **2,472 individuals**, granting **415** of them the gift of spectacles, entirely free of charge, tailored to their unique preferences. Additionally, **59** participants received referrals to esteemed eye hospitals, where they underwent crucial eye surgeries.

Our commitment to enhancing awareness extends beyond mere check-ups, as we have conscientiously imparted knowledge about free medications, complimentary spectacles, and essential eye care guidelines to all attendees.

The transformative impact of these camps is undeniable; they will undoubtedly instigate a profound behavioral shift among the participants, compelling them to proactively adopt preventive measures to safeguard their precious eye health.

H V Z D S  
N C V K D  
C Z S H N  
O N V S R  
K D N R O  
Z K C S V  
D V O H C  
O H V C K  
H Z C K O  
N O K H D  
Z H C S R  
H O S R N  
H O S R N







### 3. DENTAL CHECK UP CAMPS



Throughout the fiscal year, we orchestrated a remarkable series of **14 dental camps** providing invaluable healthcare services to our community. With great pride, we announce that a significant number of **11,157** individuals availed themselves of these camps, embracing the opportunity to prioritize their well-being and access essential medical care.

As part of our impactful efforts, we distributed Dental Kits to **1100** underprivileged individuals, equipping them with essential tools and resources to prioritize oral health and ensure a brighter, healthier smile.



Tailored to suit the specific needs of different communities, these health camps can vary in duration from one-day specialized events to more extensive 5-10 day intensive initiatives.

In total, the Health Camps have successfully reached out to over **11000** individuals residing in various slum areas. Among the beneficiaries, women and children constituted an impressive 62% of the total count. Our Health Camps, conducted in Delhi, Kolkata, Bihar, and Uttar Pradesh, specifically targeted daily wage laborers and their families, benefiting a total of **5,556** individuals. The camps provided an array of cost-free services, including thorough health check-ups conducted by medical professionals, distribution of medicines, and facilitation of pathological tests.



18003134006



info@careindiawelfaretrust.org



www.careindiawelfaretrust.org



## 4. HEALTH AWARENESS CAMPS

A paramount facet of human existence revolves around the preservation of good health. In this pursuit, access to health information assumes pivotal significance, as it enables individuals to safeguard their well-being, avert maladies, and make informed healthcare choices. However, the abundance of health-related information accessible today poses a challenge in navigating through the vast sea of knowledge to pinpoint reliable, relevant sources and sidestep misinformation.

In a resolute effort to address this vital concern, we embarked on Health Awareness Campaigns this year, encompassing **9** schools and **51** rural areas. Our mission entailed disseminating crucial knowledge pertaining to hygiene practices, emphasizing the significance of regular handwashing, healthy dietary and exercise habits, as well as the value of engaging in sports to safeguard against illness.

Additionally, we delved into a myriad of other vital subjects, including brain health, health interventions, human behavior, air pollution, alcoholism, physical interventions, communicable diseases, cancer, heart disease, chikungunya, child development, environmental health of children, coronavirus disease, dengue, depression, diabetes, disability, injuries, eye care,







## OUR INFLUENCE

*A staggering number of **27,795** individuals were effectively enlightened on crucial health matters, underscoring our commitment to fostering a wellinformed and healthier community.*



## OUR INTENT

- **Empower and transform** rural underprivileged women from unskilled/semi-skilled backgrounds into proficient and adept workers.
- Deliver comprehensive **skill-based training**, closely monitoring and supervising income generating activities to ensure sustainable livelihoods.
- Foster women's capacity to seize **Job opportunities** and impart their acquired knowledge to fellow women, fostering a **self-sustaining cycle** of empowerment.
- Mitigate migration pressures and establish alternative livelihood sources at the village level.
- **Cultivate and fortify women's financial acumen** by instilling a culture of savings and indepth financial education, reinforcing credit discipline for greater economic empowerment.







## OUR INNOVATIVE PARADIGM

In addition to offering training in tailoring and beautician skills, we impart comprehensive education in **Entrepreneurship Development, personality enhancement, small business accounting, financial literacy, soft skills, and health & hygiene**. This empowering approach equips these women entrepreneurs to operate with enhanced **Efficiency and Sustainability**.

Following their training, these women are afforded exposure visits to renowned factories or esteemed Beauty Parlors where numerous women thrive in their work. Such experiences foster encouragement and instill a resolute mindset to excel further.



## OUR INFLUENCE

A total of **50** women were graciously bestowed with double sewing machines, ushering in a promising avenue for their creative pursuits.

Empowering the lives of **137** women, this initiative led to their successful attainment of selfemployment.

In an inspiring triumph, **87** women found meaningful employment through the esteemed Beautician Project.

**21** enterprising women took the bold step of establishing homebased beauty parlors, embodying their entrepreneurial spirit.

Transformative BPO Training Project empowered **121** youths with rewarding job opportunities, paving the way for a brighter future.



18003134006



info@careindiaelfaretrust.org



www.careindiaelfaretrust.org



# Women → Empowerment

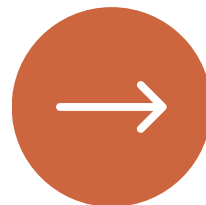


Women empowerment encompasses the transformative endeavor of bestowing autonomy upon women, enabling them to navigate their lives unhindered by familial or societal constraints. In essence, it grants women the agency to shape their personal growth. Given the historical oppression prevailing in patriarchal societies, the central objective of women empowerment is to uplift them to an equal standing with men. This pivotal stride ensures the prosperity of families and nations alike. By championing women's empowerment, the world shall witness the realization of gender equality, empowering women from all societal strata to assert their wishes and carve their own destinies.

## ENHANCEMENT OF WOMEN'S ECONOMIC AND SOCIAL EMPOWERMENT

In pursuit of granting them a befitting and esteemed status within society, we have initiated diverse programs encompassing **Cutting and Tailoring courses, Beautician training courses, and Awareness Campaigns Advocating Women's Rights.** These endeavors serve as a sturdy bedrock for nurturing the self-assurance, inner fortitude, and ingenuity of women hailing from varied backgrounds. Thus, empowering them to confidently confront any adversity in the world, their skills, self-assurance, and grace empower them to emerge as catalysts of harmony and transformative social progress for their families, fellow women, and the broader society.









## 1. CUTTING AND TAILORING PROGRAM

In the contemporary realm of fashion, possessing expertise in **Cutting and Sewing** proves exceedingly vital for every woman and homemaker. Such proficiency not only enables substantial monetary savings but also grants the freedom to don clothes of personal preference. The accumulation of necessary sewing materials is imperative, and commercial tailoring knowledge is also made available. Notably, the prospects for employment in this domain are remarkably high.



18003134006



info@careindiawelfaretrust.org



www.careindiawelfaretrust.org



The primary objective of this concise program centers on comprehending machine components, obtaining accurate body measurements, and acquiring the skills to create full-scale patterns for adult women and men's attire, ultimately leading to garment construction. Successful completion of this short-term course opens doors to possibilities like establishing one's own boutique or design studio, working as a Pattern Master, or excelling as a tailor in production houses.

Through a thorough baseline survey, **Care India Welfare Trust** diligently assesses the present state of the community, identifying promising and eager women for the tailoring classes.

## OUR INFLUENCE

*This year, a commendable enrollment of **489** women and **261** girls was achieved based on the survey's findings.*

*Among them, **124** women and **31** girls achieved self-employment, empowering them to become financially independent.*

***50** women were thoughtfully equipped with double sewing machines, facilitating their journey towards selfsufficiency and growth.*

## OUR PROGRAM ENABLES THE LEARNER TO

- *Mastery in identifying various types of basic (temporary and permanent) and ornamental sutures. Thoroughly and systematically measure body dimensions (length, breadth, and circumference) with utmost precaution.*
- *Exercise vigilance in using the machine and promptly resolve any malfunctions.*
- *Demonstrate skill in controlling fullness through techniques like Darts, Pleats, and Gathers.*
- *Expertly craft diverse seams utilizing Bias, Piping, Facing, and Placket methods.*
- *Skillfully create hook and eye closures and proficiently attach buttons, buttonholes, and more.*
- *Adeptly select garments and harmonious color combinations based on age, tradition, occupation, and personality.*
- *Adhere meticulously to guidelines for pattern making, layout, and precise fabric estimation.*







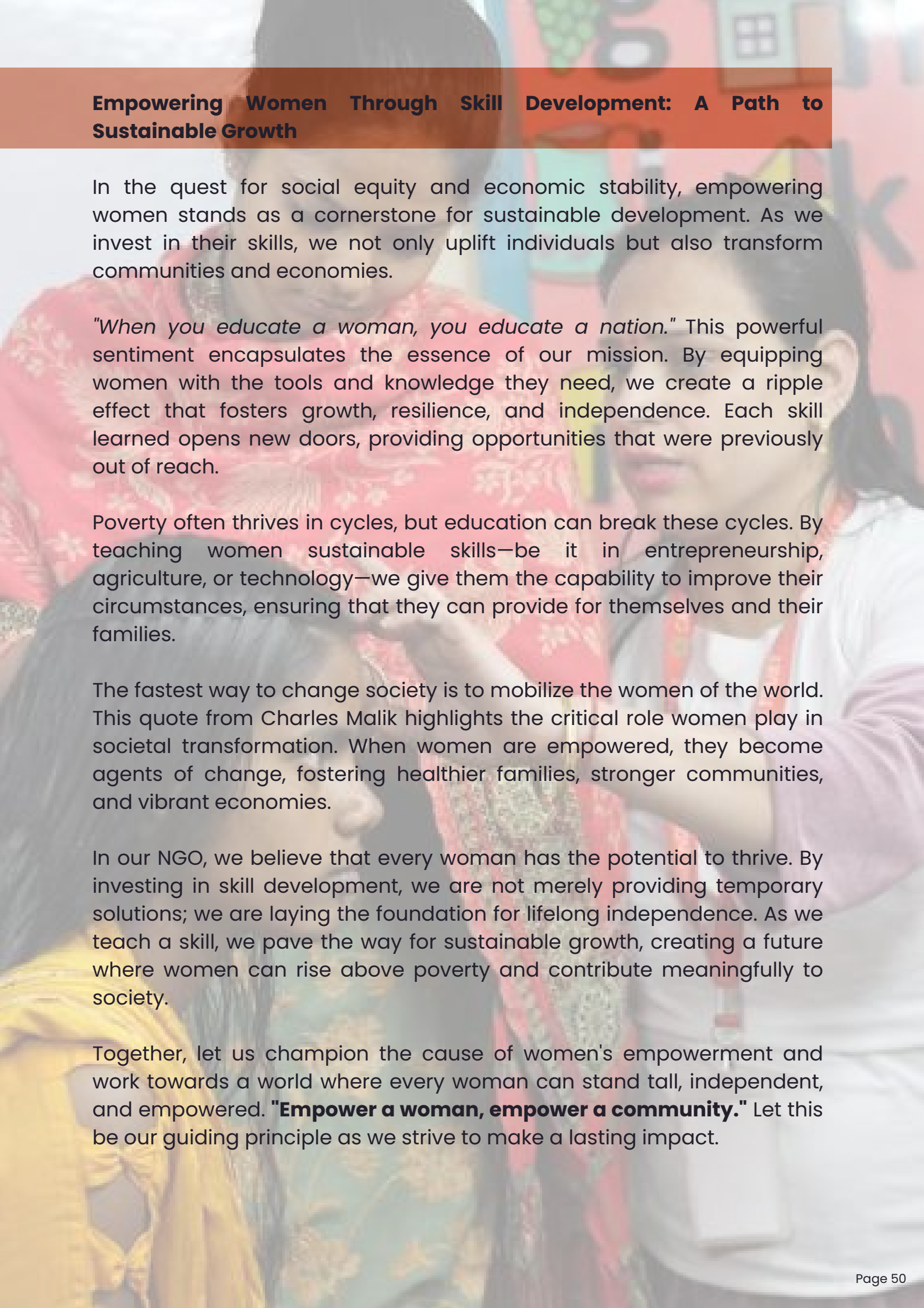
## 2. BEAUTICIAN TRAINING PROGRAM

Beauty culture holds profound significance beyond mere work, as an attractive appearance has become a prerequisite for advancement in life. Training in Beauty Culture & Hair Dressing not only enhances personal grooming but also opens up promising career prospects. The theoretical and practical training offered to girls in beauty culture empowers them to establish themselves in this domain. With an increasing focus on beauty, health, and fashion, women are more conscious of their body build and hair styling, crucial aspects of personality development. Consequently, the demand for beauty parlors offering services of skilled beauticians has surged, presenting numerous opportunities in this field.

For those aspiring to become beauticians, beautician courses offer an ideal path to pursue. The job market offers a wide array of profiles for beauticians, beyond makeup and hairstyling, thus providing exceptional avenues for **career growth**.

The Beauty Training Program, in operation since 2013, spans six months and has seen **114 girls and 339 women enroll this year**. Comprehensive practical techniques, including manicure, pedicure, skincare, facials, hair styling, and makeup, are imparted. The positive outcomes are evident, with **89** women securing jobs and **37** women venturing to open their own beauty parlors.



The background of the page is a faded, high-angle photograph of a group of women, likely in a classroom or training session. They are looking down at something in their hands, possibly a book or a piece of paper. The image is slightly out of focus, emphasizing the text in the foreground.

## Empowering Women Through Skill Development: A Path to Sustainable Growth

In the quest for social equity and economic stability, empowering women stands as a cornerstone for sustainable development. As we invest in their skills, we not only uplift individuals but also transform communities and economies.

*"When you educate a woman, you educate a nation."* This powerful sentiment encapsulates the essence of our mission. By equipping women with the tools and knowledge they need, we create a ripple effect that fosters growth, resilience, and independence. Each skill learned opens new doors, providing opportunities that were previously out of reach.

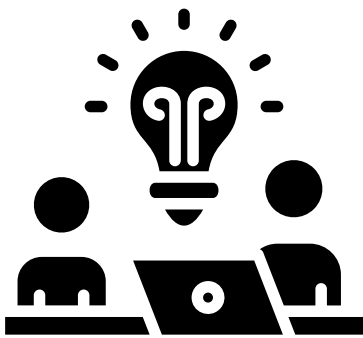
Poverty often thrives in cycles, but education can break these cycles. By teaching women sustainable skills—be it in entrepreneurship, agriculture, or technology—we give them the capability to improve their circumstances, ensuring that they can provide for themselves and their families.

The fastest way to change society is to mobilize the women of the world. This quote from Charles Malik highlights the critical role women play in societal transformation. When women are empowered, they become agents of change, fostering healthier families, stronger communities, and vibrant economies.

In our NGO, we believe that every woman has the potential to thrive. By investing in skill development, we are not merely providing temporary solutions; we are laying the foundation for lifelong independence. As we teach a skill, we pave the way for sustainable growth, creating a future where women can rise above poverty and contribute meaningfully to society.

Together, let us champion the cause of women's empowerment and work towards a world where every woman can stand tall, independent, and empowered. **"Empower a woman, empower a community."** Let this be our guiding principle as we strive to make a lasting impact.

# Sustenance



Similarly, in the Beautician Training Program, we conducted a three-month course for women during the same year, enrolling **453** women. The comprehensive curriculum encompassed skills such as Manicure, Pedicure, Skin Care, Facials, Hair Styling, and Makeup, among others. Notably, this initiative led to **87** women securing jobs, while others embarked on the entrepreneurial path by opening beauty parlors within the confines of their homes.

The essence of livelihood lies in its potential to lift individuals out of poverty and fulfill the fundamental necessities of life. Our **Vocational Training Centre**, inaugurated in 2013, bears a noble purpose: to bestow both **Skills and Confidence** upon women and youths hailing from economically deprived backgrounds, thus paving the way towards their economic and social autonomy.

A comprehensive **3-month training program** caters to women hailing from financially constrained families. Empowering them to choose among trades like **Tailoring, Beautician work, and Computer skills**, this daily training regimen is conducted by seasoned instructors. Upon successful completion, the trainees receive certifications from a recognized government body, solidifying their competence.

In the Sewing Skills Program, during the year 2023-24, we enlisted **750** women. Meticulously handpicking a group of 15 to 25 women from marginalized communities, we imparted intensive and tailored training in cutting, stitching, and embroidery over a period of 90 days. Once equipped, each woman is gifted with a double sewing machine, enabling them to work from home and generate a sustainable income for themselves.





## OUR PROGRAM ENABLES THE LEARNER TO



Render services involving manicures and pedicures, indulging in beauty therapy and make-up, managing hair beauty and make-up endeavors, cordially greeting arriving customers, utilizing hair removal techniques, providing expert advice on the most suitable haircuts for clients' appearances, applying hair products, and offering adept guidance on face and hair concerns to clients, **Enabling them to become professional experts at Beauty Services.**

## OUR INFLUENCE



Notably, a commendable **87** women secured gainful employment through this specialized training program.

Remarkably, **37** women have embarked on the journey of entrepreneurship by establishing their own beauty parlors.

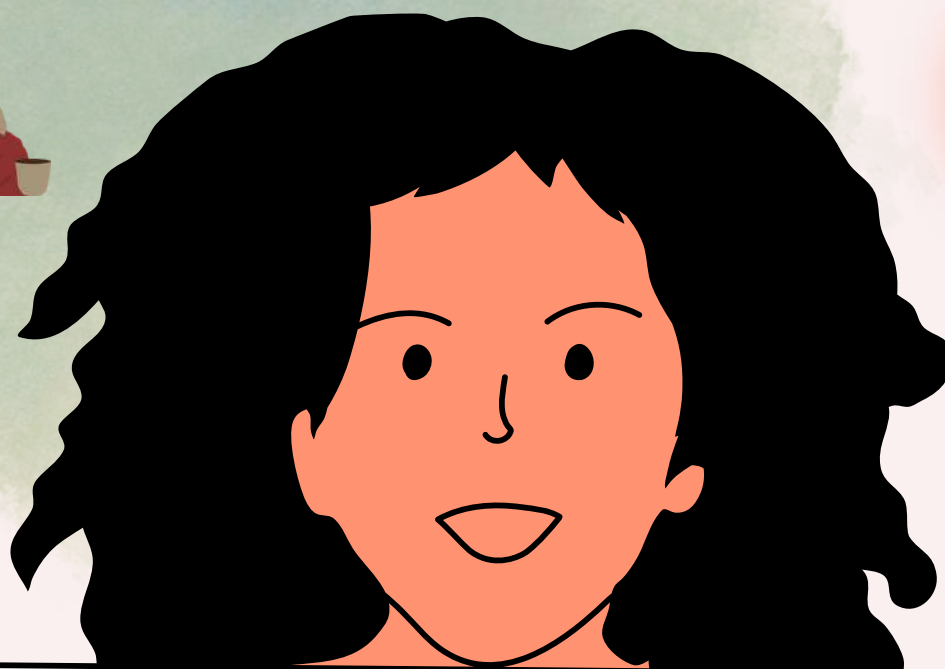
Amidst the current year, a notable accomplishment was witnessed as **114** young girls and **339** women were successfully enrolled.

# *Our → Crusade*

The CARE INDIA WELFARE TRUST firmly upholds the conviction that our nation's intricate challenges necessitate collective efforts from the government, civil society, individuals, and corporations. Embracing a comprehensive, inclusive approach that welcomes diverse partnerships has become imperative to avert setbacks and significantly enhance the prospects of success.



*Presented herewith are quintessential methods by which your immediate participation can be elicited from the moment you wish to begin the change*



- 1. Medicinal Plantation Drive.**
- 2. Old Age Health Care and Recreational activities.**
- 3. Swachh Bharat Abhiyan.**
- 4. Hunger Free revolution**
- 5. Bloom-Care -Flow Initiative.**



# Medicinal → Plantation Drive

Throughout ancient history, the utilization of medicinal plants in healthcare has prevailed, sparking extensive global studies to validate their efficacy, leading to the creation of plantbased medicines. This practice, known as **Alternative Medicine (AM)**, has thrived in diverse cultures, notably in Asian and Western societies. Despite its long-standing heritage, the prevailing perception amongst many individuals today is that only dosage-form medicines, such as tablets or capsules, are reliable and effective.

In times of yore, our wise ancestors harnessed the power of plants and herbs not only to enhance the flavor of food but also to alleviate pain, address headaches, and even ward off diseases, including epidemics. The knowledge of these healing properties has been preserved and exchanged across human communities for generations.







In 2023-24 Care India Welfare Trust embarked on a remarkable mission, engaging in a medicinal tree plantation drive. A total of **5,014** saplings were thoughtfully planted, while simultaneously educating people about the potency of medicinal plants. As various countries witness a surge in ailments such as **diabetes, diarrhea, cancer, arthritis, swelling, jaundice, liver obstruction, pain, cold, and cough, the importance of medicinal plant remedies becomes increasingly evident.** The abundance of raw material provided by these plants further supports the pharmaceutical industries in crafting vital drugs.

While the conservation of medicinal plants is crucial, equally vital is the protection and patenting of traditional knowledge surrounding their use. This comprehensive approach will undoubtedly contribute to the preservation and advancement of AM, fostering a healthier and more **Sustainable Future.**

*The significance of certain herbs lies in their inherent medicinal properties and their consequential therapeutic benefits.*





- A diverse array of herbs, including **black pepper, cinnamon, myrrh, aloe, sandalwood, ginseng, red clover, burdock, bayberry, and safflower**, boasts potent wound-healing properties, effectively addressing sores and boils.
- Within the realm of medicinal herbs, the likes of **Basil, Fennel, Chives, Cilantro, Apple Mint, Thyme, Golden Oregano, Variegated Lemon Balm, Rosemary, and Variegated Sage** hold paramount significance and can be cultivated in a kitchen garden. Besides their ease of cultivation, these herbs offer delightful aesthetics, exquisite taste, and enticing fragrances, alluring bees and butterflies as a delightful bonus
- Numerous herbs function as efficacious **blood purifiers**, effecting transformative changes in persistent conditions by eliminating metabolic toxins —these are often referred to as '**blood cleansers**'. Additionally, certain herbs bolster the individual's **immunity**, effectively mitigating conditions such as **fever**.
- Notably, select herbs also showcase impressive **antibiotic properties**, with **Turmeric** standing out for its ability to hinder the proliferation of harmful germs, microbes, and bacteria. Its reputation as a home remedy for healing cuts and wounds further underscores its therapeutic value.

## OUR INTENT

- To engender societal consciousness regarding the vital significance of tree cultivation and preservation.
- To advocate for environmental principles and **Corporate Social Responsibility**.
- To foster awareness among students and individuals about the criticality of afforestation and reviving desolate and deteriorated terrain.
- To aid in the restoration of nature's intrinsic allure and elemental integrity to the Earth.



# Old Age

## → Health Care



The global observance of Senior Citizen Day falls on the **24th of August**, serving as a poignant reminder of the significance of upholding the **well-being and dignity of the elderly**. As the human body undergoes the natural process of aging, it becomes increasingly susceptible to various medical conditions. Although aging itself cannot be halted, we can strive to acquire the knowledge and skills necessary to effectively address the challenges that may arise, ensuring the optimal health and care for our beloved elders. We at Care India Welfare Trust, cherish numerous recreational activities with our beloved elderlies.





## OUR INTENT

The primary objective of this project revolves around efficaciously administering healthcare provisions for the elderly populace, thereby facilitating their secure and autonomous living.



## THE BARRIER

Per nationwide surveys pertaining to Indian senior citizens, primary concerns arise from the **exorbitant healthcare expenses, inadequate financial support, and profound sense of isolation experienced by the elderly**. Adding to their plight, older individuals are often deprived of the dignified care they rightfully deserve. Hence, the present-day imperative lies in prioritizing the **well-being of the elderly**. The challenges in their twilight years encompass **diverse physical, mental, social, and economic tribulations**, rendering them reliant on varying forms of assistance. While some necessitate medical aid, others require financial sustenance. Regrettably, certain offspring even resort to coercively expelling their parents from their homes, leaving the elderly bereft and dependent, even for their sustenance.



Amidst the arduous task of catering to the elderly populace, **Care India Welfare Trust** orchestrated **health camps** as part of the old age health care program. These carefully crafted endeavors encompassed the distribution of **free medicines to senior citizens**, coupled with health awareness sessions conducted by proficient medical experts. We extended its health care programs to embrace **16 villages and towns** across Uttar Pradesh, Delhi, Bihar, and Kolkata.

Within this ambit, a total of **421** elderly citizens were benevolently bestowed with essential medications, while **880** individuals were enlightened on matters of health by our esteemed doctors. These venerable members of society were dutifully apprised of the **government's pension schemes and health initiatives**, further empowering them to avail themselves of the benefits.

Infusing joy into the lives of more than **312** elders, the NGO celebrated their birthdays, leaving warm smiles of gratitude in its wake. Moreover, the year witnessed the inception of **yoga classes, conducted thrice a week at our Vocational Center in Kirti Nagar**, offering them a means to safeguard their well-being through this ancient practice.

Confronting the harsh realities of **financial hardships** faced by some elders, Care India Welfare Trust extended a compassionate helping hand, offering **financial assistance to 75** such individuals, thus providing a glimmer of hope amidst their struggles.



18003134006



info@careindiawelfaretrust.org



www.careindiawelfaretrust.org





## IMPERATIVE FOR THE "CLEAN INDIA CAMPAIGN"

- The imperative lies in **Universalizing household toilets**, while simultaneously eradicating the practice of open defecation. This entails fostering a transformation in people's perspectives and behaviors concerning personal well-being and sanitation practices.
- The vision is to foster global awareness among rural inhabitants, forging essential linkages between the **general populace and health initiatives**.
- Furthermore, a key objective is to augment private sector involvement in the **advancement of sanitation infrastructure**, with the ultimate aim of enhancing the overall quality of life in rural regions.
- The pursuit of these ambitions, communities and local governance bodies must be sensitized through **health education, fostering an enduring commitment to cleanliness**.
- Ultimately, the aspiration is to make India a pristine and verdant heaven.

Amidst the noble endeavor of the **Swachh Bharat Abhiyan**, the **Care India Welfare Trust** orchestrated an **extensive cleanliness drive, encompassing over 120 diverse locations, including parks, societies, streets, schools, bus stands, railway stations, and more**. This uplifting initiative succeeded in inspiring an impressive multitude of **18,210** individuals to take responsibility for maintaining a pristine environment and an immaculate society.



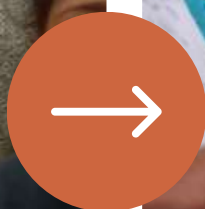
Moreover, we tirelessly endeavored to raise awareness among both rural and urban communities, emphatically **discouraging open defecation**, a perilous practice contributing to the tragic loss of thousands of innocent lives, particularly children, each year.



# Hunger Free → Revolution



**Care India Welfare Trust** endeavors to alleviate the plight of destitute elderly, women, children, leprosy patients, and the disabled living on the streets by providing them with nourishing meals. In the current fiscal year, an impressive tally of **41,308** hungry homeless individuals were compassionately fed. This initiative specifically targets the homeless population found in various public spaces such as highways, railway stations, and bus stops across India. The NGO remains steadfast in its mission to eradicate **hunger, malnutrition, and food wastage, extending its care to encompass abandoned senior citizens and struggling migrant workers in their noble pursuit of a hunger-free society.**



## THE BARRIER

The primary predicament confronted by the homeless population in India lies in the unavailability of accessible shelters. Among them, migrants, daily wage laborers, and waste pickers, a significant number are either homeless or too impoverished to afford even a basic meal. The vast majority of the estimated 4 million plus homeless individuals in India struggle to find means of livelihood, with empty streets leaving them devoid of any begging opportunities. Consequently, many drift aimlessly, while a fortunate few seek respite in homeless shelters, where they sleep together in crowded ranks. The destitute and homeless endure untold suffering due to **Acute Starvation.**





## OUR COGITATIVE SUBSTITUTE

In awe-inspiring pursuit of eradicating hunger in India, this remarkable project extends a helping hand to the impoverished, providing sustenance to the homeless and vulnerable. Its benevolent mission revolves around nourishing not only the destitute senior citizens, differently-abled, and elderly but also embraces the street children who are left adrift without a home.

Through **Daily Food Distributions**, this endeavor reaches out to those families struggling to survive on the unforgiving streets. The sheer joy and contentment that illuminate their faces upon receiving these provisions are simply indescribable. The guiding motto of this noble initiative is to ensure that every homeless individual, who goes to bed with an empty stomach, finds relief through their compassionate efforts.

With a resolute determination to thwart the **pandemic of hunger**, this project stands united in its goal of preventing the agonizing grip of deprivation and offering hope to those in dire need.





## OUR INFLUENCE

Every day, we diligently provide **Nourishment to the homeless**, effectively eradicating hunger among families dwelling on the streets. By assuring them of daily meals, we instill confidence and eradicate the fear of going to bed on an empty stomach. Our efforts have significantly impacted the lives of the homeless, ensuring they receive a **wholesome meal**, thereby implementing a holistic approach to alleviate **hunger in the elderly, impoverished**, and destitute. Our mission is to improve overall health, bridge inequalities, and achieve sustainable eradication of hunger by distributing nutritious food to those in need.

# Mission

## → Bloom-Care-Flow

The initiative **Bloom-Care-Flow** was officially initiated in 2014. As the name symbolizes our initiative is to spread growth, empowerment, and the natural cycle while emphasizing the importance of menstrual health related awareness in young girls and women, comprising two distinct parts. The first aims to promote awareness regarding proper sanitary waste disposal methods, while the second endeavors to offer **Free Sanitary Napkins to women** who rely on menstrual cloth. Notably, the escalating issue of sanitary waste poses a significant challenge in India.



### IS ONE'S WELL-BEING AND STANDING IN JEOPARDY?

Each day, scavengers diligently sort through refuse, leaving them vulnerable to a multitude of diseases like **staphylococcus, hepatitis, E. coli, salmonella, and typhoid**. Handling people's waste daily takes a toll on their health and well-being. Many **Sanitation workers** even lose their appetite due to the nature of their work. The waste they encounter not only poses risks to their health but also diminishes the **dignity of their labor**.





*~The segregation of menstrual waste  
can profoundly impact the life of a sanitation worker.*

Through its compelling campaign, the Care India Welfare Trust also educates women waste pickers about the harmful consequences of handling unsegregated waste on a daily basis, which exposes them to various diseases. We all cherish clean surroundings and hygienic practices, from meal preparation to consumption. However, the waste pickers face an arduous reality, dealing with such waste regularly. In the year **2023-24**, we sensitized an impressive **54,443 women across 27 villages, towns, and 4 cities about proper sanitary waste disposal methods. Moreover, we provided these women with essential sanitary napkins.** To facilitate efficient waste management, we encouraged residents to wrap their used **Sanitary Pads and Diapers** separately, aiding sanitation workers in easy identification and **appropriate treatment of sanitary waste.**



18003134006



info@careindiawelfaretrust.org



www.careindiawelfaretrust.org

# Our Financials

## CARE INDIA WELFARE TRUST Balance Sheet as at 31 March, 2024

Particulars	Note No.	As at 31 March, 2024	As at 31 March, 2023
<b>A. SOURCES OF FUNDS</b>			
Capital Funds			
Corpus Funds		1,100	1,100
Reserve Fund		4,60,045	10,44,156
Current Liability & Provisions			
Sundry Creditors for Expenses	1	67,700	4,72,264
<b>TOTAL</b>		<b>5,28,845</b>	<b>15,17,520</b>
<b>B. APPLICATION OF FUNDS</b>			
Fixed Assets			
Total Fixed Assets (Net of Depreciation)		51,457	57,964
Balance with Bank		3,05,455	12,71,435
Cash in Hand		42,419	58,607
Loan & Advance		1,29,514	1,29,514
<b>TOTAL</b>		<b>5,28,845</b>	<b>15,17,520</b>

### Notes forming part of Financial Statement

As per our report of even date.

For G Kumar & Associates

Chartered Accountants

FRN - 036386N



Gaurav Kumar, FCA

Proprietor

M.No. 545779

Place: New Delhi

Date: 24/09/2024

UDIN: 24545779BKCBM05100

For and on behalf of board of trustees

Care India Welfare Trust

For Care India Welfare Trust



Mahinder Dobriyal  
Trustee



Aradhana Tiwari  
Trustee

# Our Financials

## CARE INDIA WELFARE TRUST INCOME AND APPLICATION OF FUNDS ACCOUNT FOR THE YEAR ENDED AS ON 31 March 2024

Particulars	Note No.	For the year ended 31st March, 2024	For the year ended 31st March, 2023
<b>Income</b>			
Voluntary Contributions		1,24,66,412	1,49,96,197
Interest Income		6,636	7,371
Gross Income Available for Application (A)	(I+II)	<u>1,24,73,048</u>	<u>1,50,03,568</u>
<b>Application of Income</b>			
Income applied for evacuation various social and welfare programme	2	1,17,34,712	1,40,97,222
Total (B)		<u>1,17,34,712</u>	<u>1,40,97,222</u>
Administration & Other Expenses (C)	3	13,15,940	10,37,552
Total Income Applied	(B+C)	<u>1,30,50,652</u>	<u>1,51,34,774</u>
Net Surplus before depreciation & tax	(A-B-C)	(5,77,604)	(1,31,206)
Less - Depreciation		6,507	7,698
Net Surplus before tax		(5,84,111)	(1,38,904)
Less - Provision for Income Tax		-	-
Net Surplus after depreciation & tax		<u>(5,84,111)</u>	<u>(1,38,904)</u>

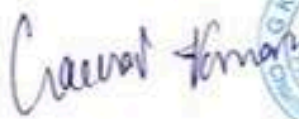
### Notes forming part of Financial Statement

As per our report of even date.

For G Kumar & Associates

Chartered Accountants

FRN - 036386N



Gaurav Kumar, FCA

Proprietor

M. No. 545779

Place: New Delhi

Date: 29/04/2024


UDIN: 24545779BKCMBM05100



For and on behalf of board of trustees

Care India Welfare Trust

For Care India Welfare Trust



Mahinder Dobriyal

Trustee



Arpita Tiwari

Trustee



**Women education is fundamental to achieving gender equality and fostering sustainable development. Educated women are better equipped to make informed decisions, contribute to their communities, and break the cycle of poverty. By prioritizing women's education, we empower individuals and strengthen communities, creating a brighter, more equitable future for all.**

*~Mahinder Dobriyal*

*President, CIWT*



Address: Basti Vikas Kendra Harijan Bast, Chuna Bhatti Near Nirankari Satsang Bhawan Kirti  
Nagar Delhi, New Delhi, Delhi 110015

[www.careindiawelfaretrust.org](http://www.careindiawelfaretrust.org) | [info@careindiawelfaretrust.org](mailto:info@careindiawelfaretrust.org)

18003134006